



AVA Northeast Region Event

September 6 ~ 8, 2024

HUDSON to HOUSATONIC
Walking Weekend

Event Brochure

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1. WELCOME

The *Volkssport Club at West Point* and *Connecticut Valley Volkssport Club* invite you to come enjoy three beautiful Volkswalks adjacent to the Hudson River in New York and the Housatonic River in Connecticut. Gather with old Volkssporting buddies and meet new ones at a special Meet and Greet on Friday evening at the Germania of Poughkeepsie's annual Oktoberfest and at an authentic Italian restaurant, Longobardi's, on Saturday evening. Plan to do other Volkswalks in the area, and enjoy the many historic and cultural sites both in the Poughkeepsie, NY area and in Kent, CT.

Northeast Regional Events: This event is **our third year** of clubs in AVA's Northeast Region sponsoring a multi-event weekend to provide more walking/socializing opportunities for the region and to increase participation in our individual clubs' walks. (The Niagara Frontier Volkssport Club hosted the first event in Buffalo and Niagara Falls, NY on Sept. 17-18, 2022 and Walk 'n Mass Volkssport Club followed with their Cape Cod weekend in Hyannis and Provincetown, MA on May 19-21, 2023.) We look forward to a fourth regional walking weekend in 2025.

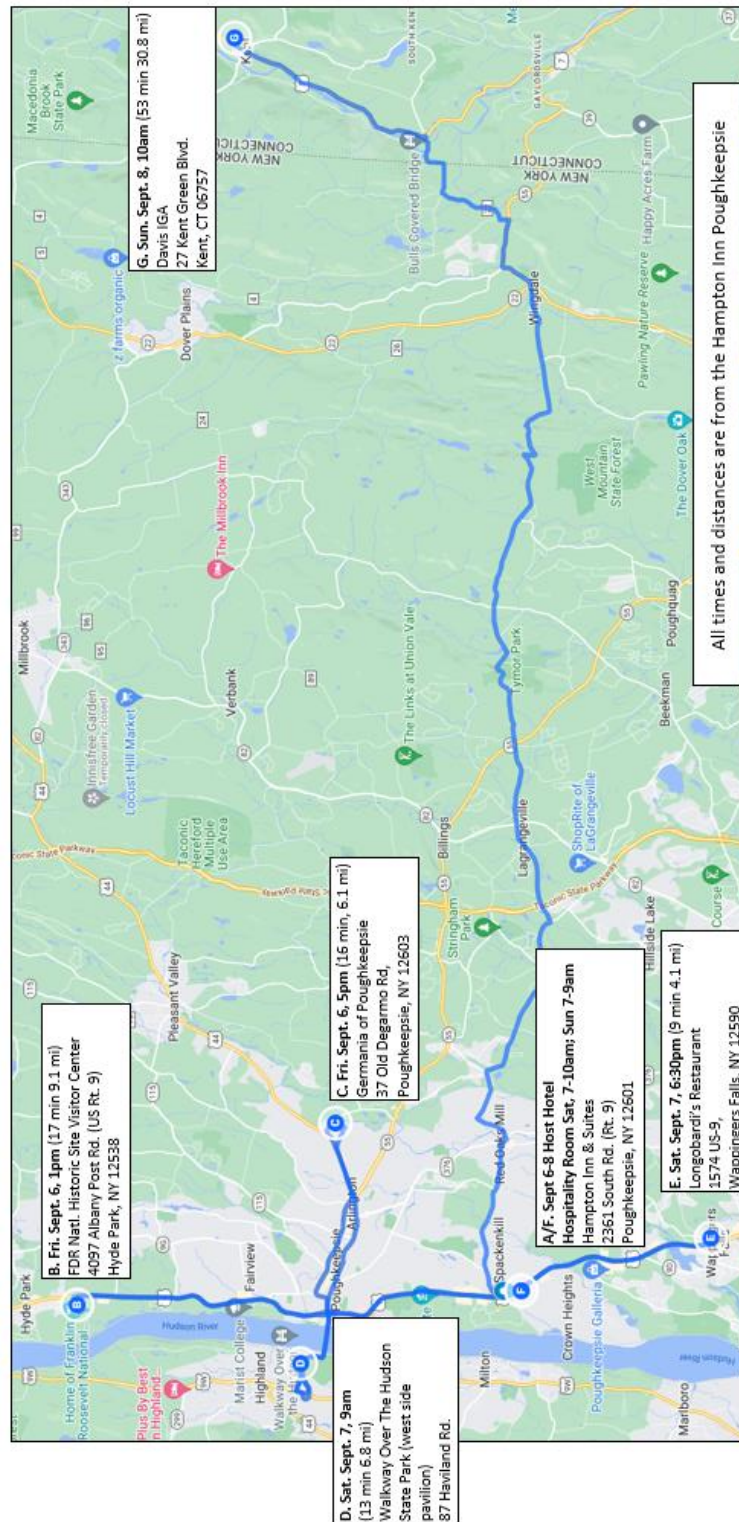
For those new to our sport, a special welcome: We old-timers greatly enjoy the unique opportunity our Volkssporting organization, both regional and national, offers for long-time friendships and for exploring new cities and states with the helpful knowledge and guide skills of local members. So we hope you'll join us at our "Hud to Hou" walking weekend.

Socializing: Building and enjoying relationships with other attendees is an important objective of our weekend. In addition to spending time with old friends, we hope everyone will reach out to those who may be new to our organization or who don't know many people from other clubs. We want to ensure that people are not walking alone (unless that's their preference) or feeling left out of circles of reunited buddies. The stick-on name badges provided for the Friday Meet and Greet and Saturday Dinner should be good conversation starters. **REMINDER:** If you have your own **name tags**, remember to bring them. And, don't forget to pack your **water** bottle and your preferred walk **snacks** to enjoy along the way.

Event Information: Our walking weekend offers an opportunity to explore three river towns. Poughkeepsie, on the eastern side of the magnificent Walkway Across the Hudson, was New York's second capital in the 18th century and is home to Vassar College. Hyde Park (15 minutes north of Poughkeepsie) provides a fascinating perspective on the impact of our 32nd U.S. President, FDR. And, an hour to the east, lies the quaint and scenic Housatonic River town of Kent, which has attracted renowned figures from the worlds of diplomacy, film and fashion. And, of course, Native Americans have walked all these lands for over ten thousand years.

More information is available on our event website <https://nodegreen.com/hudtohou>. Check frequently, as the information will be updated continually. Our event is also listed on the AVA website on the Multi-Event (called "Fests") Calendar, <https://my.ava.org/find-a-fest.php>.

2. AT A GLANCE MAP: Hudson to Housatonic Walking Weekend



NOTE TO WALKERS:

Walk on your own schedule – or join the group walks on the day and time indicated.

3. HOST HOTEL

HAMPTON INN AND SUITES POUGHKEEPSIE

General Phone: 845-463-7500

2361 South Rd. (US Rt. 9)

Poughkeepsie, NY 12601

The hotel's website describes itself as "a comfy Poughkeepsie base in the Hudson Valley." It is located on US Rt. 9, "a 15-minute drive from the Walkway Over the Hudson State Historic Park and The Culinary Institute of America, 2 miles from the Poughkeepsie Galleria Mall, and provides daily free hot breakfast, free WiFi, free parking, and an indoor pool and fitness center."

The **discounted nightly rate** for our event is **\$159** for Friday and Saturday nights (an excellent bargain for the popular fall time in the scenic Hudson Valley). Provide our discount code **WWG** ("Weekend Walking Group") if you reserve by phone, or enter the WWG code if you reserve online: <https://hilton.com/en/attend-my-event/september2024weekendwalkinggroup/>. Cancellations must be made before midnight 72 hours before your check-in day – check your hotel confirmation.

If you plan to spend **additional nights** before or after the event, you can make a separate reservation at the same discounted rate of \$159 by calling the hotel again (845-463-7500), listening to the menu options without selecting one, and letting your call roll to the Poughkeepsie Front Desk (i.e., versus going to one of their Call Centers). When the Front Desk clerk answers, ask to be transferred to ext. 2, and Anita or Eileen will make your reservation for the days outside our "WWG block," but at the same \$159 rate.

DRIVING TO THE HAMPTON INN AND SUITES POUGHKEEPSIE

The hotel is located on US Rt. 9, approximately 4.5 mi. south of the junction of US Rt. 9 and US Rt. 44/NY Rt. 55 (East-West Arterial).

Most attendees will find that the fastest route from the east is via I-84 and from the north/south via I-87.



4. THREE VOLKSWALK EVENTS

GROUP WALK vs. ON YOUR OWN (self-guided): If you prefer to walk on your own, you are welcome to do so during daylight hours and in accordance with site and park hours.

GROUP WALK DATE	WALK	START POINT	DISTANCE, RATING	ROUTE DESCRIPTION
Fri., 9/6 1:00 pm	Hyde Park	FDR Natl. Historic Site Visitor Center 4097 Albany Post Rd. (US Rt. 9) Hyde Park, NY 12538 (Look for AVA banner/tent in parking lot.) NOTE: Start Point is different on AVA website.	11km – 2A (Group) 6km – 1A	https://my.ava.org/event-view.php?sn=125641 <i>Restrooms:</i> FDR Visitor Center
HIGHLIGHTS: Franklin Delano Roosevelt home, Presidential Library and Visitor Center, Vanderbilt Mansion, wonderful views of Hudson River SPECIAL PROGRAMS: America's Veterans, Town Halls				
Sat., 9/7 9:00 am	Walkway Over The Hudson	Walkway Over The Hudson State Park (park near <u>west</u> side pavilion) 87 Haviland Rd. Highland, NY 12528 NOTE: Start Point is different on AVA website.	10km – 2A (Group) 5km – 1A (out and back)	https://my.ava.org/event-view.php?sn=125640 <i>Restrooms:</i> at both west and east side pavilions of Walkway
HIGHLIGHTS: World's tallest (212' over the River) and longest (2.1km) elevated pedestrian bridge, Poughkeepsie's 18 th C. Dutchess County Courthouse, Union St. Historic District SPECIAL PROGRAMS: America's Veterans, Town Halls				
Sun., 9/8 10:00 am	Kent Village	Davis IGA 27 Kent Green Blvd. Kent, CT 06757 (Look for bench/AVA banners between Davis IGA & Town Hall.)	11km – 1A (Group) 5km – 1A	https://my.ava.org/event-view.php?sn=125396 <i>Restrooms:</i> at Welcome Center, east side Main St.
HIGHLIGHTS: Vibrant village center with small shops, many art galleries, restaurants, Main St. outdoor book sale on Sundays, views of scenic Housatonic River and mountainside where Schaghticoke Indian Reservation is located. SPECIAL PROGRAMS: America's Veterans, Town Halls				

COMMEMORATIVE AWARD

Registered participants will receive a **complimentary** keepsake of the weekend: a 3-in. x 8 .5-in., two-sided, laminated bookmark with color tassel, showing photo highlights of our three event walks.



5. TWO SOCIAL EVENTS

MEET AND GREET

Fri., Sept. 6 at 5:00 pm

37 Old DeGarmo Rd., Poughkeepsie

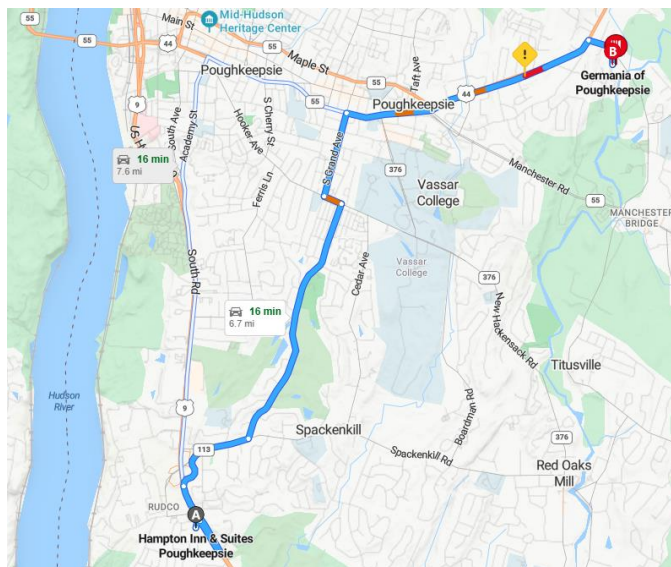


(NO Pre-registration for Meet and Greet)

Our Meet and Greet gathering and dinner will take place on the first day of **Germania of Poughkeepsie's annual Oktoberfest** weekend: Friday, Sept. 6. The organization, which preserves and educates the public about German and German-American culture, was founded in 1860 as a German singing group in Poughkeepsie and settled in the current building in 2006. It also has formed a Volkssport club of the same name.

We are pleased the organization, also an AVA club, has welcomed our Regional Event participants with a special area to meet with our fellow Volkssporters, while enjoying the food, traditional music and dance entertainment, and vendors at their Oktoberfest this year.

Admission to the Oktoberfest is \$5 per person. A la carte food can be purchased, with prices for a meal ranging from under \$10 to over \$20, depending on your selections. Menu last year included traditional Bavarian sausages, pork and chicken dishes, sauerkraut, potato salad, sandwiches, pretzels, apple strudel, cake, and coffee/tea/soda/bottled water. Wine and beer are also available.



FROM Hampton Inn to Germania

(15-20 min.)

1. Leave Hampton Inn parking lot, turn right on US Rt. 9S.
2. In 0.3 mi. at light, turn left and make a U-turn to US Rt. 9N.
3. In 0.4 mi., bear right taking ramp to Spackenkill Rd./NY Rt. 113.
4. In 0.5 mi. at light, turn left on Wilbur Blvd. to end.
5. At end of Wilbur Blvd (2 mi.), turn left at light on Hooker Ave.
6. In 0.1 mi. at light, turn right on South Grand Ave.
7. In 0.7 mi. at light, turn right on Baker St. (Arterial East).
8. In 0.5 mi., bear left onto US Rt. 44 at US Rt. 44/NY Rt. 55 split.
9. In 1.3 mi. at light, turn right on Dutchess 43 (at Purple Car Wash) to Degarmo Rd., but street sign is not visible until after you turn right.
10. In 0.2 mi., turn right into Germania of Poughkeepsie facility at 37 Old Degarmo Rd.

DINNER and PROGRAM
Sat., Sept. 7 at 6:30 pm

Registration required by August 1

Longobardi's Restaurant

1574 US Rt. 9/South Rd.

Wappingers Falls, NY

Longobardi's Restaurant has been offering authentic Italian cuisine for the last 40 years. Our group will have a private dining room, with space for a brief program following the meal. Cost will be \$49 (includes taxes/tip) per person. A cash bar is available. Pre-registration with payment is required prior to August 1.

MENU:

Choice of 6 Entrees: (w/ side of pasta)

- Chicken Parmagiana
- Chicken Marsala
- Chicken Francese
- Spaghetti and Meatballs
- Eggplant Parmigiana
- Broiled Grouper

Salad

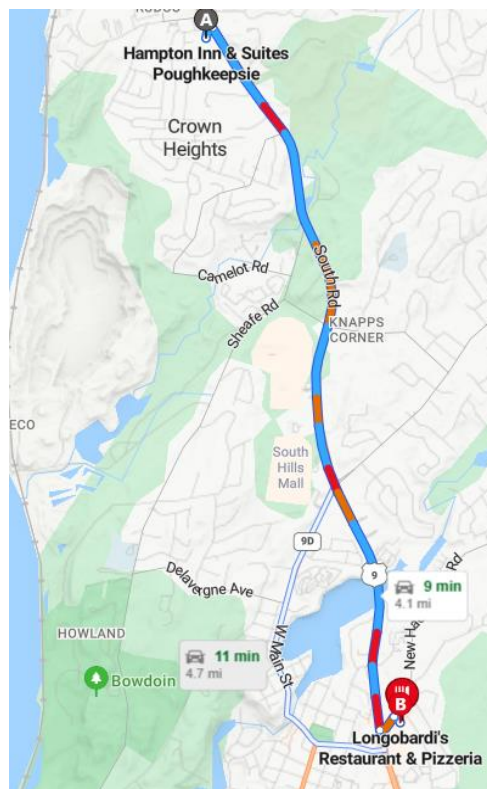
Bread and butter

Dessert (assorted cookies and cannolis)

Soda/Coffee/Tea

FROM Hampton Inn to Longobardi's
(10 min.)

1. Turn right onto US Rt. 9S.
2. In 3.8 mi., left onto New Hackensack Rd./County Rd. 104. (Dunkin' Donuts on corner)
3. Arrive at Longobardi's on right.



6. REGISTRATION PROCEDURES

INDIVIDUAL WALK REGISTRATION PROCEDURE

Each participant must:

- Pre-register by filling out the WALK REGISTRATION FORM on the next page, which includes signing the insurance liability waiver. (Do NOT register via OSB.)
- Pay \$4.00 participant fee to do each walk, with or without receiving IVV Credit. AVA's policy (effective Jan. 1, 2024) requires clubs to submit fees for ALL walkers, including "Guests" (formerly referred to as "Free").

Pre-register for the walks by August 1, 2024. Benefits of pre-registration requirement:

- no registration tables at walk Start Points (no money can change hands at the parks)
- less time spent at event with tasks such as paying, signing waivers, getting walk directions
- more accurate estimates of event attendance
- reduction in event expenses by defraying printing charges for onsite registration packets
- reduction of volunteer staff needed for our Event Hospitality Room

Walk directions/maps will be emailed to registered participants in August. Be sure to print these documents and bring them with you to the event. **Registration Packets** with name badges, dinner tickets, local attractions, maps, and other information will be provided at the event.

EVENT HOSPITALITY ROOM

Our **Event Hospitality Room** (the "**Liberty Room**" of the Hampton Inn, 2361 South Rd., Poughkeepsie) will be open as follows:

Sat., Sept. 7: 7 am – 10 am ✦ **Sun., Sept. 8: 7 am - 9 am**

Pre-registered participants can pick up their information packets. "Drop-ins" who have not previously registered for the weekend should check in here. Volunteer staff will be available to answer questions. NOTE: For walkers who have not pre-registered, a small supply of walk directions will be available at the Start Point of each of the three event walks, while walk participant fees should be paid in the Hospitality Room during hours noted above.

Event and Distance Books will be available in the Liberty Room during Hospitality Room hours. Those who have previously purchased books are reminded to bring them. Our three **customized event stamps** for the weekend walks will commemorate the Hudson to Housatonic Regional Event in your record books. Your Record Books will be stamped during open hours of the Hospitality Room. For the Kent walk on Sunday, a stamp will be available at the Start Point.

SANCTION AND IVV CREDIT

The walk events have been sanctioned by the American Volkssport Association (AVA) and the International Federation of Popular Sports (IVV) and are conducted under the rules of those governing organizations. Participants will be eligible to earn IVV credit for event and distance.

7. PRE-REGISTRATION FORMS

Please complete a **WALK REGISTRATION FORM (for each participant)** and a **DINNER PRE-REGISTRATION FORM**, and mail with your check as indicated.

AVA: America's Walking Club—WALK REGISTRATION FORM

Amateur Athletic Waiver and Release of Liability

In consideration of being allowed to participate in any way in American Volkssport Association (AVA) volkssporting programs and related events and activities, the undersigned:

1. Agrees that before or during my or my minor child's participation, if I believe anything is unsafe, I will immediately advise the event supervisor or other person in authority at the Volkssporting program and the related events and activities of such conditions and refuse to participate
2. Acknowledges and fully understands that each participant will be engaging in activities that could involve risk of serious injury, including permanent disability and death and severe social and economic losses which might result not only from my own or my minor child's actions, inactions or negligence of others, or the condition of the premises, the trail or any equipment used. Further, that there may be other risks not known or not reasonably foreseeable at this time.
3. Assumes all the foregoing risks and accepts personal responsibility for the damages following injury, permanent disability or death;
4. Releases, waives, discharges and promises not to sue AVA, its affiliated clubs, their respective administrators, directors, agents, volunteers or employees, other participants, sponsoring agencies, sponsors, and advertisers, and, if applicable, owners and lessors of premises used to conduct the event from demands, losses or damages on account of injury, including serious injury, permanent disability, or death, or damage to property, caused or alleged to be caused in whole or in part by the negligence of any such person or organization, or otherwise.
5. Members, please be aware that when you share photos, via digital image or otherwise, with AVA, such photos or images become the property of AVA and AVA, its legal representatives and assigns, retain the right and permission to publish any such photo or image in any written or electronic publication, including Checkpoint or TAW, on social media, websites or in audiovisual presentations, promotional literature, advertising or in any similar method.

The undersigned has read the above waiver and release, understands that I have given up substantial rights by signing it and sign it voluntarily. I further understand that if I place my name on the form upon which this waiver and release is printed, that I voluntarily agree that I understand that I have given up substantial rights.

Sponsoring Club & No.	Event #/Location	Participant Signature	Today's Date
Volkssport Club at West Point #505	#1108 Hyde Park		
Volkssport Club at West Point #505	#0797 Walkway Over The Hudson		
Connecticut Valley Volkssport Club #784	#2407 Kent Village		
		Print Name: _____	

NAME (last, first):	ADDRESS:
First Name as you'd like it to appear on your name badge:	PHONE (circle Cell or Landline):
PRIMARY VOLKSSPORT CLUB (if applicable):	EMAIL:

Please mark each walk you will do and circle "C" (IVV credit) or "G" (Guest). Fee is the same.

- ☒ Genl. Event Registration Fee (\$10) \$ 10.00
- ☐ Hyde Park Participant Fee (\$4) C / G \$ _____
- ☐ Walkway Participant Fee (\$4) C / G \$ _____
- ☐ Kent Participant Fee (\$4) C / G \$ _____
- TOTAL: EVENT + PARTICIPANT FEES** \$ _____

Attach any AVA Credit Coupon(s) you wish to apply.

Please make checks payable to:

Volkssport Club at West Point
and mail to:
Volkssport Club at West Point
P.O. Box 122
West Point, NY 10096

Check must be received by **August 1;**
no refunds.



DINNER PRE-REGISTRATION FORM - required if you wish to attend the Sat. dinner	
NAME: (please print clearly)	TODAY'S DATE:
NAME: (please print clearly)	TODAY'S DATE:
NAME: (please print clearly)	TODAY'S DATE:
Number of Restaurant Guests (above): <input type="text"/> TOTAL @ \$49 per Guest (includes tax/tip): \$ <input type="text"/> <i>If you have dietary restrictions, please email hudtohou@gmail.com and we can try to accommodate.</i>	Please make checks payable to: Volkssport Club at West Point and mail to: Volkssport Club at West Point P.O. Box 122 West Point, NY 10096 Check must be received by <u>August 1</u> Full refund if you cancel by <u>August 15</u>

8. NEARBY VOLKSWALKS

While you're in the area, you may want to do other volkswalks nearby. Information on NY and CT walks is available via the "Find a Walk" by state feature at <https://my.ava.org> . Please follow appropriate registration procedures for each event. All these walks require Online Start Box (OSB) registration, except for Rhinebeck and Fort Montgomery, which have a Physical Start Box (PSB).

NEW YORK – Hudson River Valley

North of Poughkeepsie

- *Rhinebeck*, Dutchess County (18 mi.) - PSB

South of Poughkeepsie

East of Hudson River:

- *Beacon*, Dutchess County (16 mi.) - OSB
- *Cold Spring*, Putnam County (22 mi.) - OSB

West of Hudson River:

- *Cornwall-on-Hudson*, Orange County (24 mi.) - OSB
- *West Point*, Orange County (34 mi.) - OSB

Note: Additional Military Post registration is required ahead of time for West Point walk:
<https://home.army.mil/westpoint/index.php/about/visitor-information> .

- *Fort Montgomery*, Orange County (31 mi.) - PSB

CONNECTICUT – Housatonic River Valley

East of Poughkeepsie, in Kent, CT (30 mi., just under 1 hour)

- *Kent Appalachian Trail*, Litchfield County - OSB
 - Volkswalk “south” trailhead for northbound route, Kent (4 mi. west and north of Kent Village Start Point) – remains closer to the Housatonic River
 - Volkswalk “north” trailhead for southbound route, Cornwall Bridge (9 mi. north of Kent Village Start Point) – partly along Housatonic, bends away to fields, then back to River

9. AREA ATTRACTIONS (not on our Volkswalks)

HUDSON VALLEY

- **Eleanor Roosevelt Natl. Historic Site**, Haviland, NY – Her Val-Kill Cottage retreat. <https://nps.gov/elro>
- **Culinary Institute of America**, Hyde Park – several student-staffed restaurants open to public. <https://ciafoodies.com>
- **Mid-Hudson Discovery Museum**, Poughkeepsie, an award-winning children’s museum on the waterfront with hands-on learning exhibits. <https://mhdm.org/>
- Numerous **hiking/biking, rail trails**, including Empire State Trail system (e.g., south to Hopewell Junction, with a historic railroad depot)
- Dutchess County offers many interesting **wineries, breweries, cideries, meaderies, farmers markets, and restaurants**. <https://dutchesstourism.com>

HOUSATONIC VALLEY

- **Connecticut Antique Machinery**, Rt. 7, 1 mi. north of Kent – Living Museum with historic steam locomotives, tractor engines.
- **Eric Sloane Museum and Kent Iron Furnace**, Rt. 7, 1 mi. north of Kent – Early American tools, art of Eric Sloane, 1826 Kent Iron Furnace remains. <https://housatonicheritage.org>
- **Bulls Covered Bridge**, 248 Bulls Bridge Rd., So. Kent – a 1760 wooden covered bridge across Housatonic River, near state border with New York. <https://housatonicheritage.org>
- **Kent Falls State Park**, 462 Kent Cornwall Rd./Rt. 7
- **Macedonia Brook State Park**, hiking trails and picnic tables, Rt. 341 northwest of Kent

PUZZLING INTRODUCTION TO OUR EVENT AREA

Get ready for your weekend in the valleys of the Hudson and Housatonic Rivers by doing our Hudson to Housatonic Sudoku and Crossword puzzles (“Some Fun” at the end of this document).
Hint: Find some answers to the crossword clues in this document! The Sudoku Solution and Crossword Solution will be posted on our website by the end of August.

10. POINTS OF CONTACT

If you have questions that are not addressed in this Event Brochure or online, please contact:

Andrew Schmidt, hudtohou@gmail.com or phone 845-464-2676

Carol West, carol.west@sbcglobal.net or phone 860-999-1957

11. OTHER (+ some fun)

DISCLAIMER

The sponsors of this event cannot be held responsible for any lost or stolen items, accidents, or injury at any time. Every reasonable effort will be made to make this event safe and enjoyable. By virtue of registering for this event, the participant agrees to the conditions set forth herein.

WEATHER CONDITIONS

This event will be held regardless of weather conditions. No refunds for general event registration or walks. Full refunds for Saturday dinner will be made if you cancel by August 15, 2024.

SUPPORT FROM OUR PLANNING TEAM

The Volkssport Club at West Point and the Connecticut Valley Volkssport Club are very grateful for the tremendous support we received from our volunteer planning team. The team was made up of our Northeast Regional Director Carol Giesecke, our past Northeast Regional Director Wayne Knapp, the expert hosts of our last Northeast Regional weekend in Cape Cod (Bea and Monica Hait), Kathy Mack, Carol Schmidt, Bob McDougall, and Lee West. We could not have pulled together this weekend without their creative brainstorming, expertise, experience, and helpful feedback. Many thanks to each of them for enthusiastically contributing so much to this weekend.



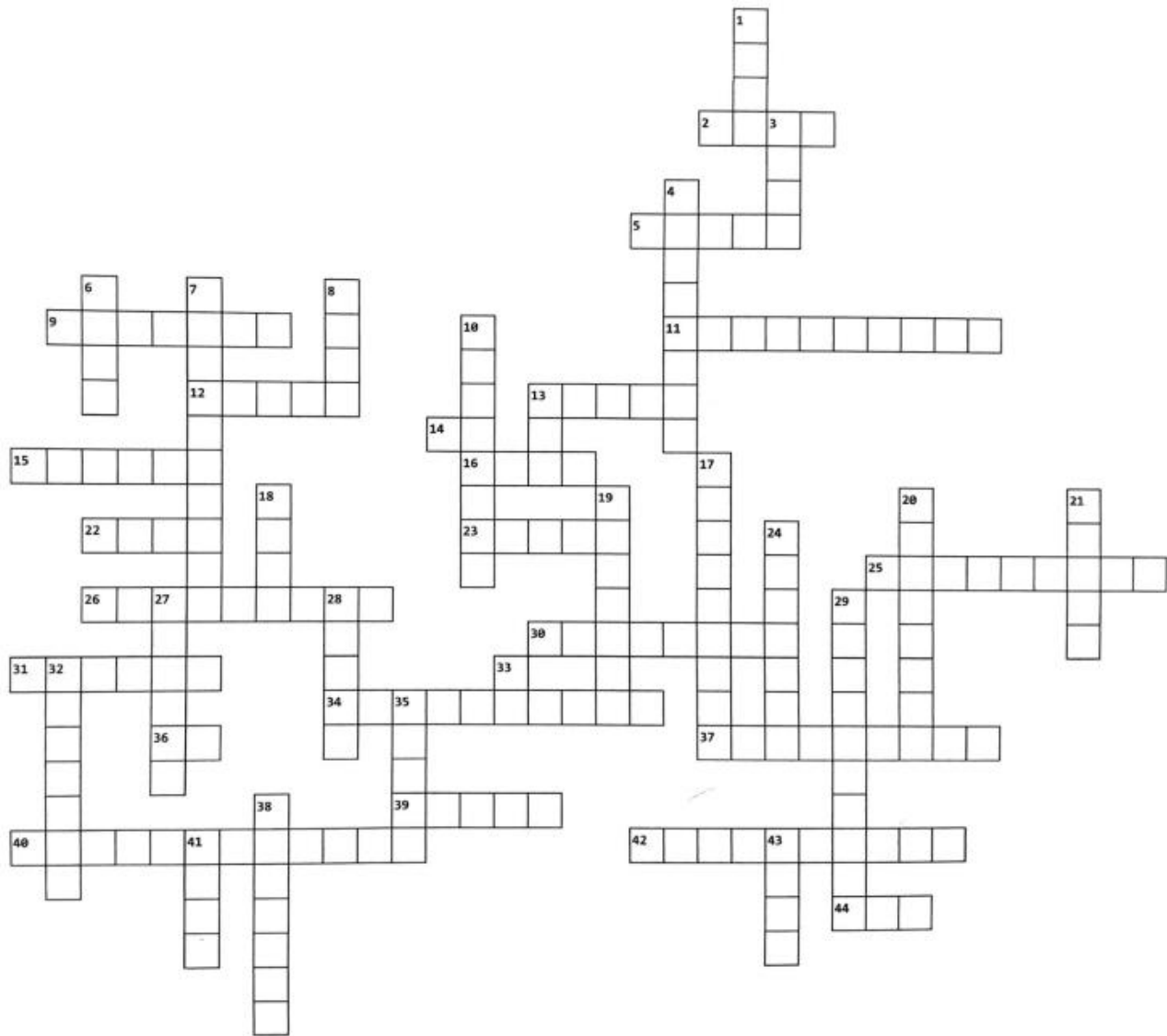
SOME FUN ... LETTER SUDOKU Puzzle

Fill in the grid so that: all 9 rows across, all 9 columns down, and all 9 3 x 3 boxes contain the letters N-Y-C-T-W-A-L-K-S (instead of the 1-2-3-4-5-6-7-8-9 in a Number Sudoku)

T	N				L			W
		C	Y		S			K
		K		W	N	S	T	
A	C	W					L	
		Y				N		
	T					K	W	Y
	S	T	L	C		A		
C			T		A	Y		
K			S				C	T

SOME FUN ... VOLKSSPORTER CROSSWORD Puzzle

Get to Know the Fascinating Hudson to Housatonic Area Before You Go!



ACROSS	DOWN
2 Place name ending derived from various northern European languages meaning brook. HINT: Rhinebeck	1 ____ Park, NY town north of Poughkeepsie where FDR's Presidential Library is located
5 Scenic covered bridge over the Housatonic south of Kent, CT – named after brothers who built ironworks here c. 1740. HINT: see the Area Attractions section.	3 Grazing ____ were once a common sight in countryside near Kent, famous as important dairy farming area before mega farms in Midwest took over.
9 Where U.S. presidents, like FDR, store collections of important papers/books/gifts/artifacts. There are currently 15 of them in the country.	4 County in mid-Hudson Valley area named not after the Dutch, but in honor of the English Duchess of York (though the county name is spelled with a "t")!

ACROSS	DOWN
11 A 150-mi. long river in western CT and MA whose name is supposedly derived from Mohican (an Eastern Algonquian tribe) word for “place beyond the mountain”: usi-a-di-en-uk. Indigenous people fished and hunted here 6,000 years ago.	6 Some towns in ME/NY/RI/MA/CT end in ____ or ____, a variation of Dutch/Anglo Saxon/Norse words for “village” (e.g., Beverwyck, former name of Albany). Two possible answers. HINT: Ber----, Bruns----Hart----, War----, South---- or Green---- and Nor----
12 West ____ is a U.S. Military Academy originally established as a fort overlooking the Hudson River, and the Start Point of an interesting Volkswalk	7 ____ Falls, south of Poughkeepsie, named for local Native American tribe, and site of Longobardi’s, a nice Italian restaurant where Volkssporters will gather
13 Lots of ____ on the Housatonic and Hudson, where water power has been harnessed for centuries	8 Elite Connecticut private school located near Rt. 7 and 341: ____ School. (A volkswalk route pre-Covid crossed its attractive campus along the Housatonic.)
14 Easiest stretch of 2,100-mile route (abbrev. ____) along Appalachian Mountain range is in Kent, CT – and is a scenic Volkswalk along the Housatonic.	10 The Dutch established a trading post here in 1633, which would become the capital city of Connecticut.
15 Mighty 315-mi. long river named after English explorer sailing for Dutch East India Company in 1609: Henry ____	13 Most remembered initials of any U.S. President. Presidents Ulysses Grant and Calvin Coolidge, as well as writer Laura Ingalls Wilder (<i>Little House on the Prairie</i>), also descended from the Delano (“De Lannoy”) family.
16 ____ Montgomery State Historic Site was site of a Revolutionary War battle for control of the Hudson in 1777, where over half of the outnumbered American Patriots were killed, wounded or captured.	17 West of Kent Falls, lovely falls and picnic areas at this Connecticut state park, also the name of a country in the Balkans region
22 Ride a ____ on 13.4-mi. William R. Steinhaus Dutchess Rail Trail from The Walkway Over the Hudson in Poughkeepsie to restored 1873 Hopewell Depot in Hopewell Junction.	18 An important 19 th C. industry in which blast furnaces used local limestone to produce cannon, rails, wheels, tools, etc. You can see the remains of one in Kent on the grounds of the Eric Sloane Museum.
23 Fashions of this haute couture designer from the Dominican Republic don’t fill volkswalkers’ closets. Oscar de la ____ died in 2014 at his \$3 mill. country estate (off Skiff Mountain Rd., north of where Kent Village volkswalk turns around). Alt. Clue from doggerel submitted by anonymous volkssporter: A man named Oscar de la ____ Built a huge mansion in the town of Kenta He had lots of bucks and a life of good luck But, alas, all that dough has been spenta.	19 Eleanor Roosevelt’s cottage in Haviland, NY. Located 5 min. east of Hyde Park, Eleanor Roosevelt National Historic Site offers tours of cottage, exhibits, gardens and walking paths. To learn more (700 pages’ worth) about Eleanor, an ESCV member highly recommends David Michaelis’ 2020 book, <i>Eleanor</i> .
25 Connecticut Antique ____ Museum, just north of Kent Volkswalk Start Point, a living museum covering early industrial/agricultural methods – mining, sawmills, steam powered tractors, steam locomotives and engines.	20 Possible evidence of a 17 th C. Dutch fort was found in this southern CT shore town by a Wesleyan Univ. archaeologist in 1998. Connecticut Valley Volkssport Club started a beautiful new walk here in April, 2024. Popular cruises to Thimble Islands start from Stony Creek section of this town.
26 Famous though controversial diplomat, born “Heinz” ____ in Germany, winner of Nobel Peace Prize in 1975, died in Nov. 2023 at age 100. He escaped world of politics at his country home in Kent, CT.	21 ____ engines can be seen at this industrial museum in Kent, CT.

ACROSS	DOWN
30 The ____ depot in Kent, now a pharmacy and gift shop, was once a symbol of the 19 th C. prosperity in this area, fueled by iron industry (thanks to local sandy marble used for limestone in iron furnaces). Learn more at Eric Sloane Museum and Iron Furnace down the street from walk Start Point.	24 The Walkway Over the Hudson 10K volkswalk route goes over two ____, namely The Walkway Over the Hudson and the FDR Mid-Hudson. The latter features music of “bridge sounds” created in 2009 by Poughkeepsie-born Joseph Bertolozzi to commemorate the Hudson-Fulton-Champlain Quadricentennial. Was proof of concept for Tower Music (2016), created from sounds in Eiffel Tower.
31 Dutchess County volkswalk east of Hudson River, south of Poughkeepsie	27 Eric ____ (1905-1985) specialized in drawings of early American life (including tools, barns and bridges).
34 Movie and TV celebrities, such as Meryl Streep and Ted Danson (of Cheers fame, and now featured in Consumer Cellular ads) seek out the tranquility of this western CT county, in which Kent is located.	28 You might see one of these magnificent white-headed raptors perched in a tree or flying over the Housatonic, especially in winter.
36 The only non-New England state in the AVA NE Region (abbrev.)	29 Wealthy Dutch family (owner of shipping and railroad empires) whose Gilded Age mansions can be seen on volkswalks in Hyde Park and Newport, RI
37 New York City’s Dutch settlers in 1600s called it New ____ . The colony was called New Netherland (Nieuw Nederland).	32 Some might argue she was as influential as her husband – passionate activist in international human rights, a “voice for the voiceless,” diplomat.
39 Dutch explorer Adrian ____ called Rhode Island “Roodt Eylandt” because of red clay that lined shore. The island he discovered nearby bears his last name – and even has a volkswalk that is part of the Rhode Island County Challenge, co-sponsored by the Connecticut Valley Volkssport Club and Walk ‘n Mass Volkssport Club.	33 Culinary Institute ____ America (CIA) in Hyde Park, founded in 1946, a private, not-for-profit college offering associate’s, bachelor’s and master’s degrees. Has lovely grounds and several restaurants staffed by chefs in training. Make a reservation and enjoy a beautifully-prepared meal.
40 Second capital of New York in late 18 th C. The name comes from Munsee language of local Wappinger tribe; “u-puku-ipi-sing,” means “reed-covered lodge by the little water place.” Road marker on US Rt. 9, south of City of Poughkeepsie, marks the spot of this little stream.	35 A Native American ____ called the Schaghticoke once lived in the area of Kent; a small reservation on a steep hillside west of the Housatonic is all that remains of their land.
42 Beautiful rural town in northwestern CT, home to country’s first law school, founded by Tapping Reeve. It produced 2 U.S. vice-presidents and many congressmen, justices and governors. Same name as county in which Kent is located.	38 A big deal in 1933-38: public work projects, financial reforms, social programs, federal regulations enacted by President Franklin D. Roosevelt
44 The Walkway Over The Hudson is over ____ hundred feet above the water and connects the hamlet of Highland with the City of Poughkeepsie.	41 Dutch word, appearing at end of many place names in NY, VT and PA means creek/riverbed. HINT: Think Cats----, Fish----, and Peeks---- in NY or Batten---- in VT or Schuyl---- in PA.
	43 Form of Dutch word “hoek,” found in NY town names and means “corner.” HINT: Think “Kinder----.”