



STEPPING OUT!

VOLKSPORT CLUB OF WEST POINT® — SUMMER 2012

A Message from Betty Green:

Greetings! This is my first foray into producing the club newsletter. This edition will be “just the news”. Future editions will contain member contributed articles about walks we have held and walks our members have attended in their travels. (The New Paltz Event was a huge success. Hearty thanks to Gail Vorbach & Cora Seats!) Please check your emails and the club website regularly for the most up to date information. Sometimes there have to be last minute changes and that is how the information is best communicated. Club meeting minutes are also posted on the website. My vision is to see all calendar info communicated via email & website and have the newsletter be article oriented and a means of conveying AVA and club news. Please submit an article if you have something to share. Please read the information on page 2 regarding AVA National Associate Membership. Our club needs your support on the local level and the AVA needs our support on the national level.



LOTS OF EVENTS THIS SUMMER!

There are still lots of events scheduled by the club this summer. We have a group walk in Nyack July 28th, a group walk August 25th and an Event walk on Route 218 / Storm King August 26th, plus a weekend of walking events in early September.

Check out the calendar (<http://www.avaclubs.org/WestPoint/>) for these and more details!



NEXT CLUB GROUP WALKS, EVENTS, AND ACTIVITIES

NEXT GROUP WALK

NYACK YRE WALK

July 28th—Registration and walking at 9:15 AM at the Nyack Hospital. Use the only hospital visitor entrance on the left, located on the South side (Sickle Ave side) of the building that is also accessible from Midland Ave. The walk box is located on the top of the visitor information desk next to the wall on the left.

There are many entrances into the hospital building complex. Do NOT go to either of the emergency entrances nor to the outpatient entrances on Midland Ave or 5th Ave.

NEXT WALK EVENT

Storm King Mountain / Route 218

August 26th — Registration 8:30-9am Starting from the West Point Mint/Ski Slope parking lot, the 11km or 5 km walk is on Route 218 along the Hudson River next to Storm King Mountain from West Point to a turn around point outside of Cornwall-on-the-Hudson. Rte 218 is closed to car traffic during the walk. Highland Falls Rotary is also sponsoring 10k Run on the same day. Beware! There are numerous Rte 218 exits off of Rte 9W. Use the Rte 218 exit off of Rte 9W at the intersection of Rte 293 & Rte 218 to get to starting point. See VCWP web page for an event brochure for this walk and others sponsored by the VCWP.

NEXT CLUB ACTIVITY

LUNCH AT BILLY JOE’S RIBWORKS AFTER NEWBURGH GUIDED WALK

September 8 — 2PM

Details will follow in an email. Looks like cost will be about \$20. There will be 3 entrée choices, a choice of fries or slaw, and unlimited sweet tea, fountain drinks, coffee & tea included. Cash bar for all other beverages.

Billy Joe’s Ribworks is on Newburgh’s renewed waterfront. Their specialty is barbeque and there is a lovely protected deck overlooking the Hudson River.

Look for the email as reservations are due to VCWP by August 24.

Web Page:

<http://www.avaclubs.org/WestPoint/>

email:

volkssportclubofwestpoint@hotmail.com

Yahoo Group!:

<http://groups.yahoo.com/group/volkssportclubofwestpoint/>

Latest Newsletter:

<http://www.avaclubs.org/WestPoint/newsletters/latest.pdf>

Club Calendar of Events:

<http://www.avaclubs.org/WestPoint/>

Latest Club Meeting Minutes:

<http://www.avaclubs.org/WestPoint/minutes/latest.pdf>

Latest AVA North East Region Calendar

http://www.ava.org/clubs/reg_northeast/events.html

The following is based on a Freestate Happy Wanderers newsletter article (with permission).
 It is really important to step up our support of walking and our parent umbrella organization: The American Volkssport Association. www.ava.org



Many people don't realize that the IVV and American Volkssport Association is organized on a club basis, not a walker basis. Only through NATIONAL AVA ASSOCIATE MEMBERSHIP can we identify ourselves as supporting participants and help the financial strength of the AVA. We couldn't get Start/Finish locations without our AVA group insurance policy that most sites require in order to grant us permission to put on events. Without your participation at the NATIONAL level—it will be very tough to expect the Headquarters AVA to secure partnerships— when it is virtually impossible to provide credible statistics about our membership or how active our organization is throughout the year. We are starting a do-or-die five year campaign to revive our national organization and participation at our local levels. Please, Please! Please!! Take the time NOW to support and add strength to the voice of our HQAVA.

To go online and fill out a form to mail in your membership go to

<http://www.ava.org/forms/AssociateMembershipForm.pdf>

For those of you who get this newsletter by USPS mail:

Volkssports Associate Membership Form

Support Volkssporting across the United States by becoming a Volkssports Associate.

All memberships include a subscription to The American Wanderer (TAW) -6 issues / year

Volkssports Associate Lifetime Member

Lifetime Membership Fees

Please select according to your age: 1 – 29 \$500 30 – 39 \$450 40 – 49 \$400

Year of Birth _____ (needed for pricing) 50 – 59 \$350 60 – 69 \$300 70+ \$250

Includes 15% off convention package and most purchases.

Lifetime Membership may be paid in (3) monthly installments. Please check the option(s) below:

Please add my spouse or friend for a one-time fee of \$100 (same address).

Enclosed is my first payment Enclosed is my payment in full

Please charge my credit card In full In 3 installments

Volkssports Associate Member

Associate Membership Fees

Individual (\$25 / year) Family/Friend (same address) (\$30 / year)

Canadian Individual (\$35 / year) Canadian Family (\$45 / year)

Includes 10% off convention package and most merchandise.

(NOTE: Membership does not include a New Walkers Packet - sold separately.)

Check or money order payable to the AVA in US funds only.

Charge my credit card: MasterCard Visa Discover American Express

Credit Card Number: _____ Expiration Date: _____

Signature: _____

Please rush my Volkssport Associate Membership packet to:

Your Name: _____

(please print the name you would like to appear on your card)

Spouse/Friend Name: _____

(for Family/Friend membership **or** paid Lifetime Spouse/Friend membership only)

Family/Friend Members: _____

(for Family/Friend membership only)

Address: _____

City: _____ State: _____ Zip: _____

Daytime Phone: _____ Email Address: _____

Please return application by mail to:

AVA, 1001 Pat Booker Rd, Suite 101, Universal City, TX 78148-4147

fax to 210-659-1212 or **email** to AVAHQ@ava.org

or call **Membership Services** 210.659.2112 (8 a.m. – 5 p.m. CST, Mon. – Fri.)

Member News



VCWP 25th Anniversary Committee

Donna Sullivan is chairing our 25th Anniversary Committee! Please consider volunteering to help with these exciting plans for 2013. (You can send an email to the VCWP email address and it will be forwarded to Donna). Please watch the website and check your emails for meeting information.

Recently, we've received renewals and membership dues from the following people and/or families:

Anderson, Aumick, Bourque, Caruso, Casper, Goetz, Green, Havens, Heuberger, Hollar, Jansky, Januario, Kimmel, Lustig, Lynch, McElroy, Morrow, Nisonger, Orr, Patrick, Penta, Rey, Riedy, Rogers, Schappert, Schmidt, Scuccimarra, Seats, Sender, Skow, Valdez, Vorbach, and Weiss.

Thank you all and welcome to the new and returning members above! Although we do maintain our email mailing list for free, and people are welcome to walk on our walks without charge (unlike some other clubs), those people who voluntarily join the club do their part to help support us. Dues provide needed funds for many of the activities that do not generate covering income and make up some of the shortfall for other events. Second half of 2012 Renewal letters are in the mail for those members whose membership renews in the second half of 2012. Please rejoin if you can and help support the club!

The American Wanderer (AVA Newsletter) – AVA Awards

(remember you receive copies of TAW with AVA Associate Membership!)

Jan –March

Joan Kimmel	Events	850, 900,	Distance	9000 KM
Andrew Schmidt	Events	250		

April / May

Maureen Penta	Events	1350		
Nancy Patrick	Events	700		
Mike & Betty Green	Events	200,	Distance	2000 KM

June/July

Valerie Kirley	Events	2200		
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August / September

Maureen Penta	Events	1400		
Eileen Skinner	Events	1500		

2012 YEAR ROUND EVENTS SCHEDULE AND INFORMATION

WEST OF THE HUDSON

AVA SPECIAL PROGRAMS

EAST OF THE HUDSON

1. CENTRAL VALLEY

(2012 INDICATES ENDING PROGRAM IN 2012)

8. BEACON (new 2012)

Y1958, RATING 3A, 5k/11k, 1/1/2012 to 12/31/2012

Start Point: Bright Star Diner, 220 Rte 32, Central Valley, NY

2. CORNWALL

Y0252, RATING 3B, 10k, 1/2/2012 to 12/31/2012

Start Point: USMA Visitors Center, West Point Highway, Highland Falls

3. FORT MONTGOMERY (SEASONAL WALK)

Y1740, RATING 3C, 5k/10k, 4/1/2012 to 10/31/2012

Start Point: Fort Montgomery State Historic Site Visitor Center, 690 Route 9W, Fort Montgomery

4. HIGHLAND FALLS

Y1145, RATING 2A, 10k, 1/2/2012 to 12/31/2012

Start Point: USMA Visitors Center, West Point Highway, Highland Falls

5. HIGHLAND—WALKWAY OVER THE HUDSON

Y0797, RATING 2A, 7k/12k, 1/1/2012 to 12/31/2012

Start Point: The Gateway Diner, 3579 Rt. 9W, Highland

6. NYACK (new 2012)

Y1152, RATING 2B, 5k/10k, 1/2/2012 to 12/31/2012

Start Point: Nyack Hospital, 160 North Midland Avenue, Nyack

7. WEST POINT

Y0037, RATING 2B, 7k/11k, 1/2/2012 to 12/31/2012

Start Point: USMA Visitor's Center, West Point Highway, Highland Falls

Beacon: Bakeries, Classic Cinemas Theatres, Diners, Honoring Law Enforcement (2012), Hooray for Hollywood (2012), Main Street, Murals, Works Project Admin.

Central Valley: Bakeries, Diners, Rainbows

Cold Spring: Honoring Law Enforcement (2012), Main Street, Murals

Cornwall: Classic Cinemas Theatres, Honoring Law Enforcement (2012), Hooray for Hollywood (2012), Main Street, Rainbows

Fort Montgomery: Forts of the United States (2012), Rainbows, Walking America's Trails

Highland Falls: America's Baseball Walks, Diners, Forts of the United States (2012), Honoring Law Enforcement (2012), Hooray for Hollywood (2012), Main Street, Rainbows

Hyde Park: Classic Cinemas Theatres, Diners, Hooray for Hollywood (2012), Main Street, Murals, Walking America's Trails, Works Project Admin.

Highland - Walkway over the Hudson: Classic Cinemas Theatres, Diners, Honoring Law Enforcement (2012), Hooray for Hollywood (2012), Main Street, Murals, Walking America's Trails, Works Project Admin.

Nyack: Bakeries, Carnegie Libraries (2012), Hooray for Hollywood (2012), Main Street, Murals

Rhinebeck: Bakeries, Classic Cinemas Theatres, Diners, Honoring Law Enforcement (2012), Murals, Works Project Admin.

West Point: America's Baseball Walks, Forts of the United States (2012), Honoring Law Enforcement (2012), Hooray for Hollywood (2012), Rainbow

Note: Not all trails on all walks qualify for all events! Each walk box has a matrix of what programs are for which events.

Y1150, RATING 2A, 5k/12k, 1/2/2012 to 12/31/2012

Start Point: Yankee Clipper Diner, 397 Main Street, Beacon

9. COLD SPRING

Y1633, RATING 2B, 5k/10k, 1/2/2012 to 12/31/2012

Start Point: Cold Spring Depot Restaurant, Depot Square, Cold Spring

10. HYDE PARK

Y1108, RATING 3C, 6k/13k, 1/2/2012 to 12/31/2012

Start Point: The Eveready Diner, 540 Albany Post Rd. (Route 9), Hyde Park

11. RHINEBECK

Y1094, RATING 1A, 5k/10k, 1/2/2012 to 12/31/2012

Start Point: The Delamater House, The Delamater House Inn and Conference, Rhinebeck

A word about ratings in 2012!

The AVA changed the ratings system for 2012—Ratings are now a combination of both difficulty and terrain.

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VOLKSSPORT CLUB OF WEST
POINT
PO BOX 30
WEST POINT, NY 10996-

Officers:
Nancy Patrick, President
Farrell Patrick, Vice President
Betty Green, Secretary, Newsletter
Andrew Schmidt, Treasurer
Thomas Scuccimarra, Trailmaster
Mike Green, Webpage Master



Volkssport Club of West Point's QR
Code—scan with your smart phone!



PRIVACY NOTICE

Your privacy is important to us!

If you received this email from us and you do not wish to receive electronic mail from the Volkssport Club of West Point, please send us a note to the email address to the left, let us know, and we will remove your name from our email list immediately.

The club ONLY uses the email lists for club business, and does not provide them to other organizations or people without specific individual authorizations.

We hate SPAM just as much as you do!

SECURITY NOTICE

Any club activities listed (walks, events, cruises, social events, etc.) taking place on the West Point campus require ALL persons to provide government-issued photo IDs (e.g.: driver's license, Military ID) ; any automobiles passing through Thayer Gate will be searched by security.

Although unusual, note that access to the West Point campus may be revoked at any time due to security restrictions.

DISCLAIMER:

The Volkssport Club of West Point is an officially registered private organization operating on the installation of the US Military Academy at West Point. Membership and participation in all activities is open to all, regardless of military affiliation. We welcome all who wish to participate in our programs and camaraderie.

The Volkssport Club of West Point's website is privately owned and operated. The contents of the site, including words, images, and opinions, are unofficial and not to be considered as the official views of the United States Military Academy, United States Army, or Department of Defense. The site is not endorsed by the United States Military Academy, United States Army, or Department of Defense. Users accept and agree to this disclaimer in the use of any information obtained from this website.

We wish to thank the Garrison Commander and the Directorate of Morale, Welfare, and Recreation (MWR) Office of West Point for their support, as well as saluting all the men and women of the Army and other branches of the Armed Forces of the United States serving on our behalf.