

## STEPPING OUT!

### VOLKSSPORT CLUB OF WEST POINT — FEBRUARY 2011



## HEARTY SOULS WALK THE WEST POINT YRE!

n January 23rd, despite starting out at only 12 degrees (wind chill +2), a number of hearty souls of the club walked the first event of 2011. We did the West Point YRE. In the picture, left to right, Tom Scuccimarra, Lisa Ciccone, Tom Nisonger, Mike Green, Ann Genn. and Andrew Schmidt. Joan Kimmel also walked, however not in this picture that Betty Green shot. Tom Scuccimarra did the two photos below.



A view looking north from Trophy Point of The Hudson.



The West Point National Cemetery which is along the route of the West Point YRE Walk.

**NEXT ACTIVITY** 

Thursday, Oct 13 - Social

with the Walking Adven-

tures International—

**TENTATIVE** 



## NEXT CLUB GROUP WALKS, EVENTS, AND ACTIVITIES!

### NEXT GROUP WALK

Feb 13 Sun 10:15AM-

CENTRAL VALLEY CLUB YRE

will be held at 9 AM at the Bright Star on Route 32 in Central Valley. All are welcomed to the breakfast and meeting at 9 AM in front of the walk. Eat with us!

Registration and walking at 10:15 AM at the Bright Star Diner.

## **NEXT GROUP EVENT**

**MAY 14** SAT -WEST POINT EVENT

Our usual breakfast meeting In concert with MWR's 5/10 Details to be posted at a

## run - TENTATIVE later date as the activity Details to be posted later.

### AVA NORTHEAST REGION CALENDAR

draws near.

Is on our Yahoo! Groups Website, file section, called: latest\_NE\_calendar.xls . This is the 5 February 2011 version. We've posted a link to this in our links table to the right, and will maintain it there from now on.



## CHECK THE CLUB'S WEBPAGE DURING THE WINTER!

As you know, we had to cancel our first club meeting of 2011 because of snow in the early part of January. So, in case of inclement weather. check the web page!

Note that GROUP WALKS are normally NOT cancelled; however, it may very well be that officers (especially if the club meeting ahead of time is cancelled), will not attend!

#### Web Page:

http://www.ava.org/clubs/ WestPoint/

#### email:

volkssportclubofwestpoint@hotmail.com

### Yahoo Group!:

http://groups.yahoo.com/ aroup/ volkssportclubofwestpoint/

### Latest Newsletter:

http://www.ava.org/clubs/ WestPoint/newsletters/ latest.pdf

Club Calendar of Events: http://www.ava.org/clubs/ WestPoint/

Latest Club Meeting Minutes: http://www.ava.org/clubs/ WestPoint/minutes/ latest.pdf

Latest AVA North East Region Calendar (2/5/2011): http://groups.yahoo.com/ group/

volkssportclubofwestpoint/ files/latest NE calendar.xls

## PRINCETON AREA WALKERS (PAWS) NEWS

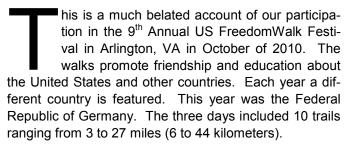
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e've been asked to pass along the reminder that although the Hamilton, NJ walk was not in the Start Point book it is still up and running! It is sanctioned by the AVA and the 2011 stamp is in the box along with lots of directions inside the store and outside in the mail box.



## THE 9TH ANNUAL US FREEDOMWALK FESTIVAL

A REPORT FROM MIKE AND BETTY GREEN



This was our first year to participate. Friday afternoon was a "Welcome Walk" of Arlington, Roosevelt Island, and the Iwo Jima Memorial. Saturday morning's opening ceremony speaker was the Assistant Surgeon General of the United States and featured the US Public Completed books need to be submitted no later than Health Services Commissioned Corps. Our Saturday trail passed many embassies, including the German Embassy. It continued through the neighborhoods of Georgetown and included US architecture, monuments, lunch in Union Station and then walked the National Mall from the Capital to the Washingtion Memorial passing through the National Science Expo (being held that weekend on the Mall) then back across the Potomac River to the Arlington starting point for a total of nearly 24km. Sunday's trail again crossed the Potomac and passed through the George Washington University and along the C&O Canal past the Kennedy Center. Fellow VCWP members Tom Nisonger and Joan Kimmel also attended the festival.

It was great to meet so many walkers from different countries and throughout the United States. We highly recommend these walks and also recommend registering for hotel space, the meet and greet, and Saturday evening dinner early if you plan on doing the 10<sup>th</sup> Annual US FreedomWalk Festival in October 2011.

Mike & Betty Green



## VCWP INCENTIVE BOOK 2011

BY BETTY GREEN

t the January club meeting, Betty Green proposed a VCWP incentive card to encourage VCWP members to support the VCWP's local YRE walks and Traditional Event walks.

The reward is a 2011 gold star hat pin similar to what is shown above.

To qualify walkers complete 12 VCWP walks: all 9 different VCWP YRE walks, and three additional walks (traditional event walks or repeat of YRE). No more than two submissions for the same YRE will be accepted.

January 31, 2012.

All pins will be ordered at the same time to get the best bulk price.

memorials and parks in our nation's capital. We ate | Members in attendance at the meeting liked the idea of the incentive books. We'll post updated info as soon as we receive confirmation we can use the books and whether stamps will be used.



### OUR BOOKS ARE IN ORDER!

1/31/2011—From our club auditor:

o Whom It May Concern: I have reviewed the bank statements and reconciliation reports for the Club for the period 1 July

2009 thru 30 June 2010. I found no discrepancies and the account balances from the bank agreed with the balances from your financial records.

/s/ Williams L Harrison Jr

COL, USA, Retired

### NEW MEMBERS!

some other clubs), those people who voluntarily join Rhinebeck walk in early January because of weather) the club do their part to help support us.

Schmidt, Green, Scuccimarra, Nisonger, and Titus

that do not generate covering income and make up some of the shortfall for other events.

### VCWP MINUTES 1/23/2011

he meeting came to order at 9AM at the Park Restaurant, Highland Falls. Eight members were in attendance and participated in walking the West Point YRE.

- 1) Andrew Schmidt shared a list of names due for club renewal first half of 2011. Five members renewed at the meeting.
- take advantage of the bathroom facilities at these loca- Unanimous vote yes. tions.
- 3) Andrew shared the AVA Convention Brochure (also available online at http://www.ava.org/clubs/ ava2011convention/index.asp).
- 4) Treasurer's Report: \$1059.59 balance at end of December 2010. 34 renewals are scheduled and Andrew noted considerable expense was incurred for supplies (such as event and distance books and New Walker kits that will be sold to members [\$526 in inventory]). Andrew filed the annual financial report and required IRS non-profit forms.
- 5) Betty & Mike shared some information on the February (President's Weekend) Florabama walks in the Pensacola, FL & Orange Beach, AL areas.
- 6) Joan Kimmel mentioned there are Traditional Event walks in York, PA on Feb 5 & 6. (Secretary's note -web link: http://www.ava.org/clubs/york/pages/York% 20Winter%20Walk%202011%20%20Brochure.pdf)

7) Reviewed Club Calendar group walks:

ecently, we've received renewals and mem- Next group walk Feb 13 Central Valley YRE, breakbership dues from the following people and/or fast/meeting at Bright Star Diner; NYC group walk Feb families: Thank you all and welcome to the 26. Tom S will determine where to meet for breakfast new and returning members above! Although we do for the March 12 Cold Spring YRE group walk. March maintain our email mailing list for free, and people are 20 Rhinebeck YRE (instead of Nyack, which has not welcome to walk on our walks without charge (unlike been sanctioned yet as YRE - also replaces cancelled

- 8) AVA Proposals (Motions)
- (1) Club had already reported split vote regarding Dues provide needed funds for many of the activities whether event stamps may be used more than once per half year.
  - (2) Regarding events that require driving to the walk start from the walk box/starting point: should clubs have to be clear about this and where restroom and water are available, if not at both the starting point/ walk box and the walk start. Unanimous vote: yes
- (3) Regarding electronic sanctioning and reporting, and submission of free walk coupons to AVA. The AVA requests the coupons be completed with name. address and email address of participant. Andrew submits these after traditional events or quarterly for 2) Andrew shared a nice Thank You letter from the YREs. The wording says "requested". We'll do our Walkway over the Hudson group for our 2010 dona- best to get the coupons completed & submitted. It was tion. VCWP also made donations for 2010 to Hudson noted that when free walk coupons are mailed to the Highlands Nature Museum (Cornwall) and the Friends club and at hectic event registration tables it may be of the Trailside Zoo at Bear Mountain. Our YRE walks difficult to ensure each free walk coupon is completed.
  - (4) Regarding the AVA stipulation that clubs within 400 air miles should not host traditional events 5 days prior or 3 days after the AVA Convention (Pre & Post Convention Walks). There was discussion proposing making the required distance less (eg 100 miles) and discussion about only restricting events during the week of the convention. A point was made that the AVA Convention Committee wants to assure full participation in Convention walks and wants to be sponsor of any pre and post convention walks (money goes to AVA and not to individual clubs). Mike mentioned that when attending the NEC meeting in Albany, he got the impression that the AVA makes money on the Unanimous vote - No Convention. (Secretary's note: Can information be made available regarding AVA expenses and profits from previous conventions and pre / post walks? This information was not available at time of vote.) (Continued next page)

(Minutes continued from previous page)

- (5) Regarding requiring clubs sponsoring events have a sign at the starting point to let participants know if the actual distance of the trail is different than advertised. Unanimous vote Yes
- 9) TAW (The American Wanderer) AVA newspaper came out a few days ago. Note that Andrew received his before the Greens for a change:) (Secretary's note: AVA e-community forum The Open Door can be accessed via AVA website.)
- 10) Betty proposed and submitted a mock-up of a VCWP reward book to encourage club members and other walkers to complete all of the VCWP sponsored YRE walks and participate in VCWP sponsored traditional event walks. There was discussion regarding how many events to require. 12 events were agreed upon. All YREs must be completed once during the year and the additional spots may be completed with a traditional event or repeat YRE. No YRE may be recorded on the reward card more than twice. Betty will check with the Northeast Regional Director to see if the event stamp may be used on the cards or if they should be written in. Betty shared a reward card created by the Keystone State Volkssport Association (event stamp not used on card). Andrew shared a reward card the Empire State Volkssport Club uses (stamp is used on card). The reward would be a gold star clutch back pin with the year imprinted on it. The idea was well received. Cards could be made available at walk starts and also printable online. All pins would be ordered after the end of the calendar year. (Secretary's note: Require completed reward cards be submitted no later than January 31st of following year.)
- 11) The meeting adjourned and walk registration was completed at the West Point Visitors' Center. The temperature at the beginning of the walk was 12oF with "real feel" of 2oF. The sun was shining and everyone dressed warmly.

Respectfully submitted,

Betty Green

## 2011 American Volkssport Association 17th Biennial Convention June 18-26, 2011, Des Moines, Iowa



HTTP://WWW.AVA.ORG/CLUBS/AVA2011CONVENTION/INDEX.ASP

Did you know that their online calendar (<a href="https://www.google.com/calendar/embed?src=of7rtkvg0k57047e24pealqqec@group.calendar.google.com&ctz=America/Chicago&gsessionid=OK">https://www.google.com/calendar/embed?src=of7rtkvg0k57047e24pealqqec@group.calendar.google.com&ctz=America/Chicago&gsessionid=OK</a>) was actually suggested to become a reality by our club! Hope to see you at the AVA Convention in Des Moines. Registration packages are now available on the AVA website at: <a href="http://www.ava.org/clubs/ava2011convention/index.asp">http://www.ava.org/clubs/ava2011convention/index.asp</a>.

# THE AVA STORE—SOME HINTS AND TIPS MERCHANDISE STORE BY CANDY PURCELL, AVA STAFF



ere are some areas that are still tripping folks up:

- Remember to make sure you are using the correct password!
- Delete cookies!
- Make AVA a trusted site!
- Use Fire Fox as your browser if possible!
- Once you select a quantity remember to place it in the "cart"!



# AVA AWARDS RECEIVED BY OUR MEMBERS IN FEBRUARY / MARCH 2011 IN

# THE AMERICAN WANDERER COMPILED AND REPORTED BY BETTY GREEN

Carol Hollar: 800 Events, 850 Events, 9000K

Valerie Kirley: 2100 Events Andrew Schmidt: 225 Events

These awards were received by club members that participate in the American Volkssport Association's Achievement Awards Program. If we missed any club member, please let us know so we can make a correction next issue! For more details, see http://www.ava.org/What We Are About/vmfaq.htm#IVV.

## A LETTER TO ALL AVA MEMBERS FROM CURT MYRON, AVA PRESIDENT

A MARIES DOSESPATIONAL CH. MCCC.

o all AVA Members:

Last fall, a majority of your elected leaders in the National Executive Council (NEC) approved a five-year Strategic Plan to restore AVA to a vibrant, growing organization with national recognition and influence. The next step was for the

AVA Executive Director to submit the **first** year's Operational Plan, which shows the steps she recommends to accomplish the goals contained in our Strategic Plan by 2016.

Attachments to this email include the executive summary of the Strategic Plan, with the three strategic directions upon which we will focus, and the draft operational plan for your consideration.

Note that the large word DRAFT is on each page. That is to remind you that this Operational Plan is a draft submitted to you for review, comment and approval.

The draft Operational Plan has four parts. The first includes introductory notes which provide the timetable for the Plan's approval and background information. The timetable allows more than **60 days** for you **to review** the plan and give comments to your elected representatives. During that process, on February 19, your elected representatives will discuss the plan at their spring meeting to clarify questions and give preliminary responses. The proposed deadline of April 11 for comments gives ample time for the NEC to consider all comments and approve the first annual plan. For your information, approval is needed in advance of the AVA Convention business meetings so the supporting budget can be prepared for the new fiscal year, which begins July 1, 2011. The final Operational Plan begins on July 1, 2011 also.

The three remaining attachments, SD1, SD2 and SD3, address the three strategic directions shown in the Strategic Plan. These documents recommend specific actions to be taken, who will do them and deadlines for their completion.

You will most certainly find some proposed actions with which you disagree. Please keep in mind that because our goal is to preserve and grow AVA, we must consider difficult issues calmly and in a businesslike manner.

As AVA members, you are the ultimate decision-makers for the actions we will take. I am confident that the resulting plan will begin an empowerment process for AVA that causes growth, improvement and long life for our sport. Thanks in advance for participating.

Curt Myron, President, American Volkssport Association

(Volkssport Club of West Point Editor's note: These documents are on the AVA website, http://www.ava.org. We will discuss them at our 12 March 2011 club meeting.)

## Idita-Walb 2011

ello every one! Today is the day to get out into the ever you can) and begin let's all get walking! your walking adventure. For our participants, the Idita-Walk 2011 officially begins today and any walking time you get in from now until The Idita-Walk 2011 Team then end-of-day March 31, 2011 will qualify toward your goal of 1049 total minutes

We hope you will take time to fully participate in the walk, enjoy your surroundings (whether cold, hot, or just right), and find some beautiful scenery in which to begin or continue your trek to find better health and joy in your life.

If you have already registered for the Idita-Walk this year, thank-you. We are confident that as you fully participate, and complete the walk this year, you will see some wonderful health benefits come into vour life. We also want to thank all registrants who have paid their fees - these fees will assist the wonderful youth in Nome and help support their many, varying activities. If you have registered, but not yet paid, we encourage you to do so soon (thank you in advance!).

If you haven't joined us for awhile (or have simply not yet registered) we invite you to come back and enjoy the great walking adventure known as the Idita-Walk. COME JOIN US! (For guick access to the site, see the quick links below.)

To register, visit us at http:// www.idita-walk.com/Register.aspx? act=reg. For time logging and registration profile access, login at:

http://www.idita-walk.com/ Login.aspx.

Please be sure to visit us often at http://www.idita-walk.com.

great outdoors (or where OK, that's enough talk for now...

We hope to see you on the trail this



**NEW JERSEYTHE CROSS-JERSEY** WALKING CHAL-LENGE

BY PAUL KICZEK

he FreeWalkers, a long distance walking network, is partnering with the East Coast Greenway Alliance in a program that utilizes the entire length of the ECG in New Jersey. The program provides an opportunity and incentive for individuals to experience the diversity, personal challenge and fun of crossing the entire state by foot. Interested individuals simply have to walk the entire distance within the next 12 months and record their efforts on t h e website www.crossjerseywalk.org.

To help facilitate their efforts, we're coordinating 3 FreeWalker distance walks that in total cover the entire length (about 100 miles). The first event will be the Great Canal Walk - April 9, 2011 - a one-day 40-mile walk from Trenton to New Brunswick along the D&R Canal:

http://www.tr2nb40.org/

### NEWS FROM THE EPOCH TIMES

http://m.theepochtimes.com/ index.php?page=content&id=44197

alking may be able to prevent your brain from shrinking and preserve help your memory, a new study published online on Wednesday in the medical journal Neurology suggests.

The study found that people who walked six to nine miles a week had more gray matter, or nervous tissue, in the brains compared to people who walked less than six miles a week. Research also showed that participants who walked the most have half the risk of developing dementia or Alzheimer's disease.

"Brain size shrinks in late adulthood, which can cause memory problems. Our results should encourage welldesigned trials of physical exercise in older adults as a promising approach for preventing dementia and Alzheimer's disease," Kirk I. Erickson, assistant professor of psychology at the University of Pittsburgh and the study's author, said in a statement.

## CONVENTION VOLUNTEERS

### BY SUSAN PINNEKE

nvone wanting to volunteer to work at the convention please visit our website: http://www.ava.org/ clubs/ava2011convention/ Volunteer sign up is index.asp. available on line, as well as the traditional methods of mail or phone (form attached). All volunteers will get a cow print t-shirt to wear. This will be a unique shirt only available to volunteers.

### 2011 YEAR ROUND EVENTS SCHEDULE AND INFORMATION

### WEST OF THE HUDSON AVA SPECIAL PROGRAMS

### **CENTRAL VALLEY**

Y1958, RATING 3, 5k/11k, 1/1/2011 12/31/2011 http://www.ava.org/clubs/WestPoint/ yre centralvalley.html

Start Point: Bright Star Diner, 220 Rte 32, Central Valley, NY

### 2. CORNWALL

Y0252, RATING 3, 10k, 1/2/2011 to 12/31/2011—http://www.ava.org/ • clubs/WestPoint/yre coldspring.html

Start Point: USMA Visitors Center, West Point Highway, Highland Falls

### 3. FORT MONTGOMERY (SEASONAL WALK)

Y1740, RATING 3+. 5k/10k, 4/1/2011 to 10/31/2011

Start Point: Fort Montgomery State Historic Site Visitor Center, 690 Route 9W, Fort Montgomery

### 4. HIGHLAND FALLS

Y1145, RATING 1, 10k, 1/2/2011 to 12/31/2011

West Point Highway. Highland Falls

### 5. HIGHLAND—WALKWAY **OVER THE HUDSON**

Y0797, RATING 2, 7k/12k, 1/1/2011 to 12/31/2011

Start Point: The Gateway Diner, 3579 Rt. 9W, Highland

### 6. WEST POINT

Y0037, RATING 2+, 7k/11k, 1/2/2011 to 12/31/2011

Start Point: USMA Visitor's Center, West Point Highway, Highland Falls

### Central Valley - Firehouses, Veterans Memorials

- Cold Spring Firehouses, Historic Churches, Honoring Law Enforcement, Museums, Veterans Memorials
- Cornwall Firehouses, Historic Churches, Honoring Law Enforcement, Museums, Veterans Memorials, Waterfalls
- Fort Montgomery Forts of the United States, Museums
- Highland Falls America's Baseball Walks, Firehouses, Forts of the United States, Historic Churches, Honoring Law Enforcement, Museums, Veterans Memorial, Waterfalls
- Hyde Park—America's Gardens, Firehouses, Historic Churches, Hooray for Hollywood, Museums, Waterfalls
- Highland (Walkway over the Hudson) — Artistic Heritage, Historic Churches, Honoring Law Enforcement, Hooray for Hollywood, Veterans Memori-
- Rhinebeck Artistic Heritage, Firehouses, Historic Churches, Honoring Law Enforcement, Veterans Memorials, Waterfalls
- West Point America's Baseball Start Point: USMA Visitors Center, Walks, Artistic Heritage, Firehouses, Forts of the United States, Historic Churches, Honoring Law Enforcement, Hooray for Hollywood, Museums, Veterans Memorials

Note: Not all trails on all walks qualify for all events! Each walkbox has a matrix of what programs are for which events

## EAST OF THE HUDSON

7. COLD SPRING

Y1633, RATING 2+, 5k/10k, 1/2/2011 to 12/31/2011

Start Point: Cold Spring Depot Restaurant, Depot Square, Cold Spring

### 8. HYDE PARK

Y1108, RATING 3, 6k/13k, 1/2/2011 to 12/31/2011

Start Point: The Eveready Diner, 540 Albany Post Rd. (Route 9), Hyde Park

### 9. RHINEBECK

Y1094, RATING 1, 5k/10k, 1/2/2011 to 12/31/2011

Start Point: The Delamater House, The Delamater House Inn and Con-

Your 2011 Club Brochure will be arriving in the mail shortly! If you attend our February 13th club meeting, you can pick it up in person at the diner.

If you have not paid your dues and they expire in the first half of 2011, you'll also be receiving a dues notice....thanks as always for your continuing club support.

More details on these walks are available on the club's website: http://www.ava.org/clubs/WestPoint/walkhome.html



## First Half 2011 Calendar of Club Events

We are sometimes asked what a "Group Walk" (as opposed to a Year Round Event, or YRE) is. A "Group Walk" \* means all meet and signup together at the same time, get the trail directions and start together, then you proceed at your own pace. There are NO GUIDES for this kind of walk, nor does a group have to stay together. We usually have fast walkers, slow walkers, and medium walkers, there's almost always someone you can walk with if you join us for your first time in a GROUP WALK! "Events" are one-time only walks. AVA credit is provided, and these are usually a one-time deal, perhaps repeated.

Date	Day	Type	Venue or Details
Feb 13	Sun 10:15AM	Group Walk/ Club Meeting	Central Valley YRE - CONFIRMED Our usual breakfast meeting will be held at 9 AM at the Bright Star on Route 32 in Central Valley. All are welcomed to the breakfast and meeting! Registration and walking at 10:15 AM at the Bright Star Diner.
Feb 26	Sat 11:00AM	Group Walk	New York City Mid_Town YRE - Date CONFIRMED, Time TBD Details to be added shortly.
Mar 12	Sat 10:15AM	Group Walk/ Club Meeting before	Cold Spring YRE - CONFIRMED Our usual breakfast meeting will be held at 9 AM at restaurant location to be determined. All are welcomed to the breakfast and meeting! Registration and walking at 10:15 AM at the Cold Spring Depot Restaurant, 1 Depot Square, Cold Spring NY 10516 (NOT the same location as the breakfast meeting!).
Mar 20	Sun 10:15AM	Group Walk	Rhinebeck YRE - CONFIRMED NO CLUB MEETING BEFORE FOR THIS WALKING-ONLY EVENT! (This walk replaces the Jan 2011 storm-cancelled Rhinebeck walk.) Registration and walking at 10:15 AM at The Delamater House, at the end of Garden Street, Rhinebeck - very near the Beekman Arms. The Start Point and parking are in Office in the rear of the complex (which is off of West Market Street).
Apr 03	Sun	Group Walk/ Club Meeting before	Cornwall YRE - CONFIRMED Our usual breakfast meeting will be held at 9 AM at the PARK Restaurant, 451 Main Street, in the Village of Highland Falls. All are welcomed to the breakfast and meeting! Register at 10:15 A.M.at the West Point Visitor's Center, then you need to make a short drive to the Cornwall starting point - Directions provided at the Visitor's Center - Walking at 10:30 AM or shortly thereafter once we all arrive!
Apr 16	Sat 9:30AM	Group Walk	Highland (Walkway Over the Hudson) YRE - CONFIRMED NO CLUB MEETING BEFORE FOR THIS WALKING-ONLY EVENT! We will be walking with members of the Liberty Bell Wanderers on this WOTH YRE today. Registration at the Gateway Diner at 930 AM (special time due to Liberty Bell Wanderer's approximate 930 AM arrival)
May 14	Sat	Event	West Point Event in concert with MWR's 5/10km run - TENTATIVE Details to be posted at a later time.
May 15	Sun	Event	Newburgh/Beacon- TENTATIVE Details to be posted at a later time.
May 22	Sun	Group Walk/	Fort Montgomery Group Walk + Club Meeting - TENTATIVE Details to be posted at a later time.
Jun 04	Sat	Group Walk/	Hyde Park Group Walk + Club Meeting - TENTATIVE Details to be posted at a later time.
Jun 12	Sun 10:15AM	GROUP WALK	Highland Falls Group Walk - TENTATIVE Registration and walking at 10:15 AM at the West Point Visitor's Center. No breakfast/club meeting.

### STEPPING OUT! VOLKSSPORT CLUB OF WEST POINT PO Box 30 WEST POINT, NY 10996-

Officers:

Nancy Patrick, President Farrell Patrick, Vice President Betty Green, Secretary Andrew Schmidt, Treasurer & Newsletter Editor Thomas Scuccimarra, Trailmaster Mike Green, Webpage Master





### PRIVACY NOTICE

Your privacy is important to us!

If you received this email from us and you do not wish to receive our email list immediately.

The club ONLY uses the email lists for club business, and does not provide them to other organizations or people without specific Although unusual, note that acindividual authorizations.

We hate SPAM just as much as you do!

### SECURITY NOTICE

Any club activities listed (walks, events, cruises, social events, etc.) taking place on the US Milielectronic mail from the Volkss- tary Academy (USMA; West port Club of West Point, please Point campus require ALL persend us a note to the email ad- sons to provide governmentdress to the left, let us know, and issued photo IDs (e.g.: driver's we will remove your name from license, Military ID); any automobiles passing through Thaver Gate will be searched by security.

> cess to the West Point campus may be revoked at any time due to security restrictions.

### DISCLAIMER:

The Volkssport Club of West Point is an officially registered private organization operating on the installation of the US Military Academy at West Point. Membership and participation in all activities is open to all, regardless of military affiliation. We welcome all who wish to participate in our programs and camaraderie.

The Volkssport Club of West Point's website is privately owned and operated. The contents of the site, including words, images, and opinions, are unofficial and not to be considered as the official views of the United States Military Academy, United States Army, or Department of Defense. The site is not endorsed by the United States Military Academy, United States Army, or Department of Defense. Users accept and agree to this disclaimer in the use of any information obtained from this website.

We wish to thank the Garrison Commander and the Directorate of Morale, Welfare, and Recreation (MWR) Office of West Point for their support, as well as saluting all the men and women of the Army and other branches of the Armed Forces of the United States serving on our behalf.