



STEPPING OUT!

VOLKSPORT CLUB OF WEST POINT — NOVEMBER 2010



CLUB OFFICER ELECTIONS FOR 2010– 2011 HELD

At the October 3rd meeting of the club, officer elections for the 2010-2011 season were held, with the following elected by the membership present:

- President—Nancy Patrick
- Vice President— Farrell Patrick
- Secretary—Betty Green (newly added Officer)
- Treasurer—Andrew Schmidt

In another sign of club participation, it was gratifying to see two new members join at this club meeting. We also offer our appreciation to outgoing Secretary *Joan Kimmel* for the years of service she's put into the club as an officer, and welcome Betty Green to the post. Additionally, each year the club needs to report to the AVA both the financial condition (which will be done by end of November) and membership updates. We are happy to report that the club membership grew from 68 members to 83 members this year, a 22% increase!



PAWS OFFERING FREE MEMBERSHIP IN 2011

You heard it right! Contact them at their website at: <http://www.ava.org/clubs/paws/> for the details!

NORTHEAST REGION DIRECTOR PHIL HAIT TO MOVE EFFECTIVE DECEMBER 1, 2010

Our Northeast AVA Director and good friend Phil Hait is relocating out of the region effective early part of December—we wish him the very best! A new interim Region Director is being obtained, and we'll keep you posted of the details on that process.

NEXT CLUB GROUP WALKS, EVENTS, AND ACTIVITIES!

NEXT GROUP WALK

Group Walk - New York City, Group YRE

Saturday, Dec 4, 2010 – Starting Point- Asics store: 51 West 42nd Street, New York, NY 10036-8004 (between 5th and 6th Ave.)

Either Central Park or Lower Manhattan!

We will announce a train schedule and starting time—view the schedule on our calendar: <http://www.tinyurl.com/VCWP-Calendar>

NEXT GROUP EVENT

None Scheduled.

NEXT ACTIVITY

Annual Holiday Party, Sunday 12 December—Shadows on the Hudson in Poughkeepsie (same as last year)

RSVPs are a must! Please send your confirmation of attending to Joan Vorbach, JAB2003@frontiernet.net and she'll get you the details; luncheon starting at 11 am. Club table is full, but overflow might be able to be accommodated.

Act quickly!



WHERE'S ALL THE GOOD STUFF THAT USED TO BE ON PAGE 1?

Due to some member's comments that they wished to see more NEWS stuff on the front page, we've moved a lot of the repetitious material that used to be on Page 1 inside the newsletter.

Hopefully, you'll be able to more quickly find the 'new stuff'!

Thanks for the comments—we always aim to please at **STEPPING OUT!**



**HAPPY
THANKSGIVING!**

2011 Schedules included in this issue of STEPPING OUT!



AVA AWARDS RECEIVED BY OUR MEMBERS

COMPILED AND REPORTED BY BETTY GREEN

- Dorothy Basini 30 Events
- Michael Green 100 Events, 1000 KM
- Betty Green 100 Events, 1000 KM

- Nancy Patrick 550 Events
- Eileen Skinner 1300 Events
- Vera Weiss 275 Events, 300 Events, 3500 KM
- Maureen Penta 1200 Events, 19,000 KM

These awards were received by club members that participate in the American Volkssport Association's Achievement Awards Program. They were compiled from the October/November 2010 issue of the AVA's national magazine, *The American Wanderer*. If we missed any club member, please let us know so we can make a correction next issue! For more details, see <http://www.ava.org/What We Are About/vmfaq.htm#IVV Awards>

NEW MEMBERS!

Recently, we've received renewals and membership dues from the following people and/or families: Thank you all and welcome to the new and returning members above! Although we do maintain our email mailing list for free, and people are welcome to walk on our walks without charge (unlike some other clubs), those people who voluntarily join the club do their part to help support us.

Watts, Choma, Budzin, Sullivan, Presnal

Dues provide needed funds for many of the activities that do not generate covering income and make up some of the shortfall for other events.

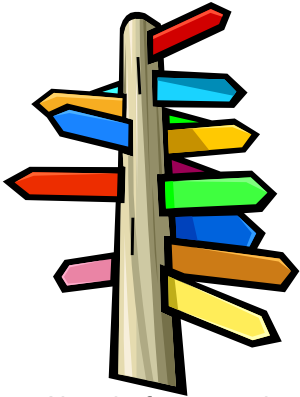


2010 Regional Calendar!

Our Northeast Regional Director Phil Hait has provided us with the current calendar of events updated as of **20 Aug 2010** events. Please mark your calendars, and check with the Point of Contact or official AVA website to ensure the event is sanctioned.

We have placed it in the Yahoo! Groups file section as **Northeast Regional Calendar 2010– Sep-Dec.xls**.

Every active walker should be a subscriber (or least check frequently) to our Yahoo! Group. No need to be a member. And thanks Phil!



REPORT OF THE RECENT TATER TOUR

Six members of the West Point club journeyed to the Southwest for another Tater Tour adventure. An enthusiastic group of 43 walkers from ten states and Canada gathered in Albuquerque, NM. There were many old friends from previous trips and a lot of folks on their first tour. Our skillful driver, Dennis, brought the big white Gunther bus from Baltimore ready for our 12 day trip.

Ahead of us was the opportunity for sixteen volkwalks in New Mexico, Texas, Arizona and Nevada. Additionally, we had sightseeing walks at Bandelier National Monument, White Sands National Monument, Carlsbad Caverns, Hoover Dam and Grand Canyon.

On a personal note, returning to El Paso, White Sands and Carlsbad was a trip back in time. We were there 52 years ago as newlyweds when Farrell was stationed at Fort Bliss, TX . Walking at the Grand Canyon brought back memories to Nancy. At age 18 she and her dad rode the famous mules down into the Canyon.

People inquire as to the "best" or most "outstanding" walk. There are highlights in each one. In Santa Fe: the Georgia O'Keefe Museum and Native American outdoor market on the Plaza; the "Atomic City" of Los Alamos; walking among the cliff dwellings at Bandelier; shifting White Sands; incredible Carlsbad Caverns where caves continue to be discovered and explored; seeing the completed bridge at Hoover Dam.

Each walk is unique and gives the volkwalker the chance to explore new and exciting destinations.

Nancy & Farrell Patrick, President and Vice President

A CHUCKLE FROM THE TRIP

It was the day that the bus stopped in the town of Corona, New Mexico for a rest-room stop . (We doubt you could find Corona on any map), it was reported that a man in a rusted old car drove up and said he heard there was a bus in town and drove over to look at it! He also invited the group to his ranch. :)

Exciting, huh??



Club members at Carlsbad Caverns, left to right: Dorothy Basini, Doris Rogers, Maureen Casper (new member), Eileen Skinner, Farrell Patrick, Nancy Patrick, and Peggy Goetz.

2010 YEAR ROUND EVENTS SCHEDULE AND INFORMATION

WEST OF THE HUDSON

AVA SPECIAL PROGRAMS

EAST OF THE HUDSON

1. CENTRAL VALLEY
(SEASONAL WALK)

Y1958, RATING 3, 5k/11k,
4/15/2010 to 12/31/2010

Start Point: Bright Star Diner,
220 Rte 32, Central Valley, NY

2. CORNWALL

Y0252, RATING 3, 10k, 1/2/2010 to
12/31/2010

Start Point: USMA Visitors Center,
West Point Highway, Highland Falls

3. FORT MONTGOMERY
(SEASONAL WALK)

Y1740, RATING 3+. 5k/10k,
4/1/2010 to 10/31/2010

Start Point: Fort Montgomery State
Historic Site Visitor Center, 690
Route 9W, Fort Montgomery

4. HIGHLAND FALLS

Y1145, RATING 1, 10k, 1/2/2010 to
12/31/2010

Start Point: USMA Visitors Center,
West Point Highway. Highland Falls

5. HIGHLAND—WALKWAY
OVER THE HUDSON

Y0797, RATING 2, 5k/10k,
10/3/2010 to 12/31/2010

Start Point: The Gateway Diner,
3579 Rt. 9W, Highland

6. WEST POINT

Y0037, RATING 2, 5k/11k, 1/2/2010
to 12/31/2010

Start Point: USMA Visitor's Center,
West Point Highway, Highland Falls

- **America's Gardens** - Hyde Park
- **American Authors and Literary Landmarks** - Central Valley, Cornwall, Highland Falls, Highland-Walkway Over the Hudson, Hyde Park, Rhinebeck, West Point
- **Artistic Heritage** - Rhinebeck, West Point, Highland-Walkway Over the Hudson
- **Cemetery Stroll** (Program closed for walkers); Central Valley, Highland Falls, Hyde Park, Rhinebeck, West Point
- **Firehouses** - Central Valley, Cold Spring, Cornwall, Hyde Park, Rhinebeck, West Point
- **Forts of the United States** - Fort Montgomery, Highland Falls, West Point
- **Historic Churches** - Cold Spring, Cornwall, Highland-Walkway Over the Hudson, Highland Falls, Hyde Park, Rhinebeck, West Point
- **Honoring Law Enforcement** - Cornwall, Highland-Walkway Over the Hudson, Highland Falls, Rhinebeck, West Point
- **Hooray for Hollywood** - West Point, Hyde Park
- **Museums** - Cold Spring, Cornwall, Highland Falls, Hyde Park, West Point
- **Railroad Heritage**- Central Valley, Cold Spring, Cornwall, Highland-Walkway Over the Hudson, Hyde Park
- **Riverwalk** - Cold Spring, Cornwall, Highland-Walkway Over the Hudson, Highland Falls, Hyde Park, West Point
- **Veteran's Memorials** - Central Valley Central Valley, Highland Falls, Rhinebeck, West Point
- **Walkin' Waterfalls** - Highland Falls, Rhinebeck, Hyde Park

7. COLD SPRING

Y1633, RATING 2+, 5k/10k,
1/2/2010 to 12/31/2010

Start Point: Cold Spring Depot Res-
taurant, Depot Square, Cold Spring

8. HYDE PARK

Y1108, RATING 3, 6k/13k, 1/2/2010
to 12/31/2010

Start Point: The Eveready Diner,
540 Albany Post Rd. (Route 9),
Hyde Park

9. RHINEBECK

Y1094, RATING 1, 5k/10k, 1/2/2010
to 12/31/2010

Start Point: The Delamater House,
The Delamater House Inn and Con-
ference, Rhinebeck

This is for 2010!!
See next page for
2011 events!

**Note: Not all trails on all
walks qualify for all events!**

2011 YEAR ROUND EVENTS SCHEDULE AND INFORMATION

WEST OF THE HUDSON

1. CENTRAL VALLEY

Y1958, RATING 3, 5k/11k, 1/1/2011 - 12/31/2011 - http://www.ava.org/clubs/WestPoint/yre_centralvalley.html

Start Point: Bright Star Diner, 220 Rte 32, Central Valley, NY

2. CORNWALL

Y0252, RATING 3, 10k, 1/2/2011 to 12/31/2011—http://www.ava.org/clubs/WestPoint/yre_coldspring.html

Start Point: USMA Visitors Center, West Point Highway, Highland Falls

3. FORT MONTGOMERY (SEASONAL WALK)

Y1740, RATING 3+. 5k/10k, 4/1/2011 to 10/31/2011

Start Point: Fort Montgomery State Historic Site Visitor Center, 690 Route 9W, Fort Montgomery

4. HIGHLAND FALLS

Y1145, RATING 1, 10k, 1/2/2011 to 12/31/2011

Start Point: USMA Visitors Center, West Point Highway. Highland Falls

5. HIGHLAND—WALKWAY OVER THE HUDSON

Y0797, RATING 2, 7k/12k, 1/1/2011 to 12/31/2011

Start Point: The Gateway Diner, 3579 Rt. 9W, Highland

6. WEST POINT

Y0037, RATING 2+, 7k/11k, 1/2/2011 to 12/31/2011

Start Point: USMA Visitor's Center, West Point Highway, Highland Falls

AVA SPECIAL PROGRAMS

- **Central Valley** - Firehouses, Veterans Memorials

- **Cold Spring** - Firehouses, Historic Churches, Honoring Law Enforcement, Museums, Veterans Memorials

- **Cornwall** - Firehouses, Historic Churches, Honoring Law Enforcement, Museums, Veterans Memorials, Waterfalls

- **Fort Montgomery** - Forts of the United States, Museums

- **Highland Falls** - America's Baseball Walks, Firehouses, Forts of the United States, Historic Churches, Honoring Law Enforcement, Museums, Veterans Memorial, Waterfalls

- **Hyde Park**—America's Gardens, Firehouses, Historic Churches, Hooray for Hollywood, Museums, Waterfalls

- **Highland (Walkway over the Hudson)** — Artistic Heritage, Historic Churches, Honoring Law Enforcement, Hooray for Hollywood, Veterans Memorials

- **Rhinebeck** - Artistic Heritage, Firehouses, Historic Churches, Honoring Law Enforcement, Veterans Memorials, Waterfalls

- **West Point** - America's Baseball Walks, Artistic Heritage, Firehouses, Forts of the United States, Historic Churches, Honoring Law Enforcement, Hooray for Hollywood, Museums, Veterans Memorials

Note: Not all trails on all walks qualify for all events! Each walkbox has a matrix of what programs are for which events

EAST OF THE HUDSON

7. COLD SPRING

Y1633, RATING 2+, 5k/10k, 1/2/2011 to 12/31/2011

Start Point: Cold Spring Depot Restaurant, Depot Square, Cold Spring

8. HYDE PARK

Y1108, RATING 3, 6k/13k, 1/2/2011 to 12/31/2011

Start Point: The Eveready Diner, 540 Albany Post Rd. (Route 9), Hyde Park

9. RHINEBECK

Y1094, RATING 1, 5k/10k, 1/2/2011 to 12/31/2011

Start Point: The Delamater House, The Delamater House Inn and Conference, Rhinebeck

This is for 2011!!

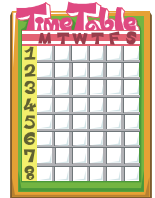
See previous page for 2010 events!

- and see the next page for the 2011 schedule of group walks and other club events!

2011 CLUB SCHEDULE OF GROUP WALKS AND EVENTS

This is the **TENTATIVE** 2011 club schedule—the online calendar (<http://www.tinyurl.com/VCWP-Calendar>) is the official source of club information that also appears in the tables at the end of **STEPPING OUT!** But, this is for your planning purposes in 2011. Note we generally will do TWO group walks a month ; one of them is a club meeting.

Date	Day	Venue or Details
01/08/11	Sat	Rhinebeck Group Walk + Club Meeting
01/23/11	Sun	Nyack Group Walk
02/13/11	Sun	Central Valley Group Walk + Club Meeting
02/26/11	Sat	New York City Mid Town Group Walk
03/12/11	Sat	Cold Spring Group Walk+ Club Meeting
03/20/11	Sun	West Point Group Walk
04/03/11	Sun	Highland (Walkway Over The Hudson) Group Walk + Club Meeting
04/16/11	Sat	Cornwall Group Walk
05/14/11	Sat	Event at West Point
05/15/11	Sun	Event at Newburgh/Beacon
05/22/11	Sun	Fort Montgomery Group Walk + Club Meeting
06/04/11	Sat	Hyde Park Group Walk + Club Meeting
06/12/11	Sun	Highland Falls Group Walk
07/16/11	Sat	Rhinebeck Group Walk + Club Meeting
07/23/11	Sat	Event Mills Norrie
07/31/11	Sun	Nyack Group Walk
08/14/11	Sun	West Point Group Walk + Club Meeting
08/27/11	Sat	Cold Spring Group Walk
09/11/11	Sun	Fort Montgomery Group Walk + Club Meeting
09/17/11	Sat	Event New Paltz/Highland Falls Event (Ramble Walk)
09/18/11	Sun	Event (to make a weekend)
09/24/11	Sat	Highland (Walkway Over The Hudson) Group Walk
10/02/11	Sun	Event TBD (Tarrytown, Manitoba, Beacon, ?)
10/13/11	Thu	Social with the WAI
10/14/11	Fri	Guide Walking Adventures International at West Point
10/15/11	Sat	Highland Falls Group Walk + Club Meeting
10/30/11	Sun	Hyde Park Group Walk
11/06/11	Sun	Central Valley Group Walk + Club Meeting
11/19/11	Sat	Cornwall Group Walk
12/04/11	Sun	Holiday Party
12/17/11	Sat	New York City Lower Manhattan Group Walk





2010 Calendar of Club Events

We are sometimes asked what a "Group Walk" (as opposed to a Year Round Event, or YRE) is. A "Group Walk" * means all meet and signup together at the same time, get the trail directions and start together, then you proceed at your own pace. There are NO GUIDES for this kind of walk, nor does a group have to stay together. We usually have fast walkers, slow walkers, and medium walkers, there's almost always someone you can walk with if you join us for your first time in a GROUP WALK! "Events" are one-time only walks. AVA credit is provided, and these are usually a one-time deal, perhaps repeated.

2010	Changed Since: Sep 06,		
Date	Day	Type	Venue or Details
Nov 26	Fri	Informational Item	Hershey, PA multi-day event Sponsoring Club - Susquehanna Rovers
Dec 04	Sat	Group Walk	New York City Central Park -or- Lower Manhattan Group YRE - CONFIRMED! ** We will do either/both Lower Manhattan OR Central Park depending on the consensus of the walkers that meet us at the Asics store that day. ** Of course, like any YRE, you are free to walk either of them at any time according to the store hours; this is a group walk.
Dec 10	Fri	Informational	Williamsburg, VA multi-day event
Dec 12	Sun 11:00AM	Activity	<p>Annual Holiday Party at Shadows on the Hudson - CONFIRMED!</p> <p>AS OF 15 NOVEMBER, THE MAIN CLUB TABLE OF 20 HAS BEEN FILLED, BUT OVERFLOW TABLE MAY BE DOABLE; CONTACT JOAN VORBACH FOR DETAILS!</p> <p>Buffet brunch costs \$14.95 per person. Reservations must be made no later than 5 December. RSVP to Joan Vorbach directly - jab2003@frontiernet.net. Include your name(s) and phone numbers please!</p> <p>Pre-payment is not necessary, but reservations MUST be made.</p> <p>More details follow:</p> <p>"The VCWP's holiday brunch will be on Sunday, December 12th. at 11am at Shadows-on-the-Hudson located at 176 Rinaldi Blvd in Poughkeepsie, NY, in Dutchess County. The buffet is \$14.95 + tax and gratuity. This does not include any drinks. They will have separate checks, and we pay at the end. Last year 16 of us enjoyed the quality buffet and the view of snow coming down from the Sunset Room porch.</p> <p>The Shadows-on- the-Hudson phone # is:845-486-9500.If you are coming from the west over the Newburgh-Beacon Bridge,take Rte. 84 exit 13 for Rte. 9 N to Poughkeepsie. Stay on that until you go past the Wappingers Falls area, and look for the "Main St." exit of Poughkeepsie. Turn left off the exit , and take the first left at the light at the bottom of the hill. Shadows is less than a mile down on the right. There is a parking lot and also on the street. We hope to see you there." (Volkswalk)</p>

STEPPING OUT!
VOLKSPORT CLUB OF WEST
POINT
PO BOX 30
WEST POINT, NY 10996-

Officers:

Nancy Patrick, President
Farrell Patrick, Vice President
Betty Green, Secretary
Andrew Schmidt, Treasurer & Newsletter Editor
Thomas Scuccimarra, Trailmaster
Mike Green, Webpage Master

Web Page:

<http://www.ava.org/clubs/WestPoint/>

email:

[volkssportclubofwestpoint](mailto:volkssportclubofwestpoint@hotmial.com)

[@hotmial.com](mailto:volkssportclubofwestpoint@hotmial.com)

Yahoo Group!:

[http://groups.yahoo.com/group/](http://groups.yahoo.com/group/volkssportclubofwestpoint/)

[volkssportclubofwestpoint/](http://groups.yahoo.com/group/volkssportclubofwestpoint/)

Latest Newsletter:

[http://www.ava.org/clubs/westpoint/](http://www.ava.org/clubs/westpoint/newsletters/)

[newsletters/](http://www.ava.org/clubs/westpoint/newsletters/)

Club Calendar of Events:

<http://www.tinyurl.com/VCWP-Calendar>



PRIVACY NOTICE

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The club ONLY uses the email lists for club business, and does not provide them to other organizations or people without specific individual authorizations.

We hate SPAM just as much as you do!

SECURITY NOTICE

Any club activities listed (walks, events, cruises, social events, etc.) taking place on the US Military Academy (USMA; West Point campus require ALL persons to provide government-issued photo IDs (e.g.: driver's license, Military ID) ; any automobiles passing through Thayer Gate will be searched by security.

Although unusual, note that access to the West Point campus may be revoked at any time due to security restrictions.

DISCLAIMER:

The Volkssport Club of West Point is an officially registered private organization operating on the installation of the US Military Academy at West Point. Membership and participation in all activities is open to all, regardless of military affiliation. We welcome all who wish to participate in our programs and camaraderie.

The Volkssport Club of West Point's website is privately owned and operated. The contents of the site, including words, images, and opinions, are unofficial and not to be considered as the official views of the United States Military Academy, United States Army, or Department of Defense. The site is not endorsed by the United States Military Academy, United States Army, or Department of Defense. Users accept and agree to this disclaimer in the use of any information obtained from this website.

We wish to thank the Garrison Commander and the Directorate of Morale, Welfare, and Recreation (MWR) Office of West Point for their support, as well as saluting all the men and women of the Army and other branches of the Armed Forces of the United States serving on our behalf.