

## Our club welcomes all walkers!

The Volkssport Club at West Point offers non-competitive walking events on both sides of the Hudson River. All walkers are welcome to join and/or participate. Military affiliation is **not** required! These events can be walked on your own using our trail guides or as part of our club's group walks, held on both weekends and weekdays. For most walks, a short (approximately 5k) and long version (10k+) are offered; however not all sights described in the walks in this brochure are on both versions.

Our Hudson Valley walks are located from 20 miles to 80 miles north of midtown New York City. In addition, we have a Statewide walk that covers the entire Appalachian Trail that you can do sections of at your own desire. Details are on another page in this brochure.

Besides offering these year round and seasonal events, the club also organizes yearly AVA Traditional Events.

We also participate in group walks of other Volkssport club's events, as well as the Hudson River Valley annual "Ramble" held in September of each year.

We have social activities, such as scenic Hudson River boat rides, an annual holiday brunch (held in January after the holiday rush), and occasional club breakfasts.

**See our webpage for all other details, as well as our Calendar of Events**

## Our three Hudson River west side trails:

**Cornwall-on-Hudson, NY (Y0252):** The trails go through the village of Cornwall-on-Hudson and residential neighborhoods. You'll see spectacular views of the Hudson River. The longer 10k trail has a steep hill and passes a golf course and the *Hudson Highland Nature Museum*.

**Fort Montgomery, NY (Y1973):** A seasonal walk, visiting the Fort Montgomery Historic Battle Site of the Revolution, then walk to Fort Clinton, the Trailside Museum and Zoo within Bear Mountain State Park. An optional 12 or 13k portion qualifies for the AVA "Appalachian Trail" Special Program.

**West Point, NY (Y0037):** Both 6k and 10k trails pass main academic area, Chapels, historic monuments, & athletic facilities of US Military Academy with magnificent views of Hudson River. The 10k trail includes the cemetery. **IMPORTANT! You MUST obtain a "Local Area Credential" ("LAC", a photo ID card) before you enter the post.** It is good for a year. Refer to the website for the documentation and information you need to provide to the Visitor's Control Center ahead for your LAC. We are advised (but call ahead for details to confirm) that the Visitor's Control Center is now open seven days a week. See the section requirements for "Unescorted Visitors" on <https://home.army.mil/westpoint/index.php/about/visitor-information>.

## "Walking the Appalachian Trail NY" and Other Club Information:

**Walking the Appalachian Trail, NY (Y2487):** This unique NY state-wide event allows you to walk and obtain AVA credit starting at different trailheads. Terrain is up and down in most areas and elevation varies from 178 feet to 1433 feet. Please allow extra time to complete the walk. Do not complete the walk if there is snow or ice on the ground or if the area is very muddy. The entire length of the trail is 90 miles (144.8 km) in New York. The VCWP website has a link that identifies 9 different segments of the trail that can be day hiked if you place a car at each end or you can do several out and back hikes anywhere the trail can be accessed.

**Membership Information:** Membership support permits the club to continue to provide quality events. Annual Membership is \$12 for all walkers living within the single household. To join, complete the Membership Form at: <http://nodegreen.com/westpoint/MembershipApplication.pdf> and send it along with your check payable to "Volkssport Club at West Point" at the PO Box address on the front page of this brochure.

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## Our five Hudson River east side trails:

Our trails in the Hudson Valley run from Rhinebeck to Fort Montgomery (north to south). Additionally, we have a statewide trail (not shown) across the entire Appalachian Trail in New York.

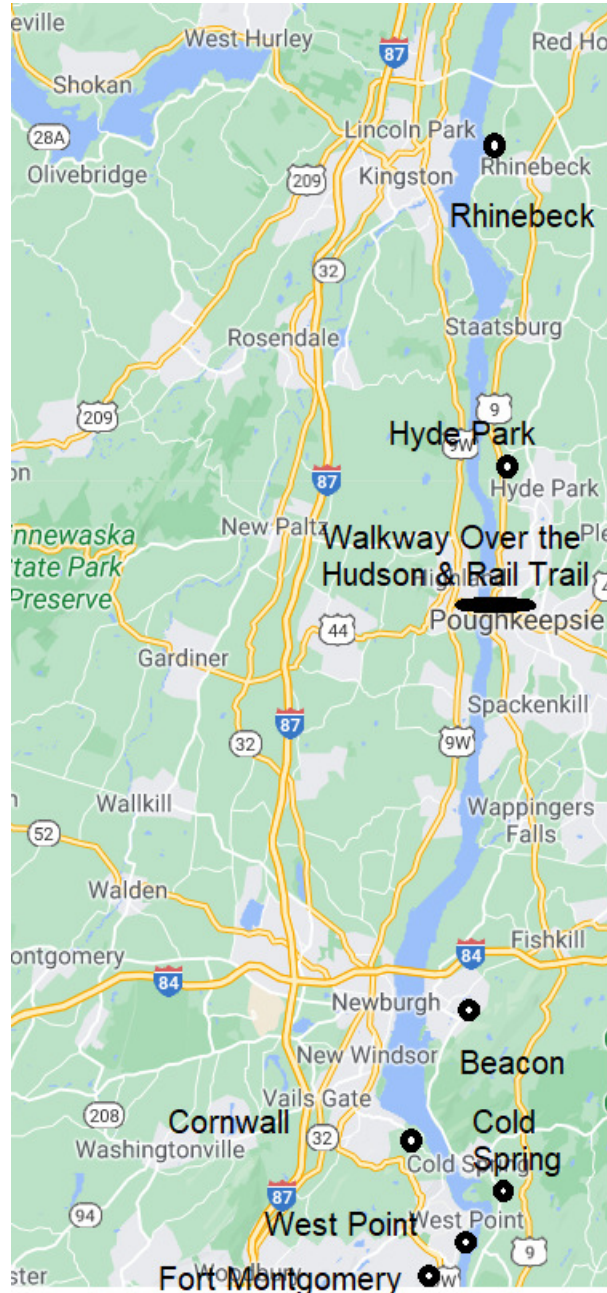
**Beacon, NY (Y1150):** Scenic views of the Hudson River. You'll walk by many historic buildings, antique shops, restaurants, specialty stores, and Beacon's riverfront on the Hudson. The route passes Beacon Falls and the trailhead at the base of Mount Beacon.

**Cold Spring, NY (Y1633):** The trails go by many 19th century historic buildings, antique shops, and boutiques with spectacular views of the Hudson River. The trail goes through both the villages of Cold Spring and Nelsonville. The longer trail visits Scenic Hudson's historic West Point Foundry Preserve.

**Highland, NY - Walkway over The Hudson & Hudson Valley Rail Trail (Y0797):** The New York State "Walkway Over the Hudson" bridge is the longest, highest elevated pedestrian bridge in the world. The Walkway trail extends to the east, and the Hudson Valley Rail Trail extends to the west from the Start Point. Combinations allow you to walk 5/8/10k distances, or a 12k trail that travels over the Walkway, through the historic section of the City of Poughkeepsie and returns over the FDR Mid-Hudson Bridge to the starting point. All these trails are part of the NY "Empire State" trail.

**Hyde Park, NY (Y1108):** The trails go past the Franklin Delano Roosevelt Home, Presidential Library, and Visitor's Center, as well as the railway station used by the King and Queen of England and the Vanderbilt Mansion. Both the home of FDR and the Vanderbilt Mansion are National Historic Sites. There are wonderful views of the Hudson River.

**Rhinebeck, NY (Y1094):** The trail transverses the picturesque village of Rhinebeck. As you tour the village you will see a collection of varying architectural styles from late 18th through the early 20th century.



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# The Volkssport Club at West Point 2023

An "American Volkssport Association: America's Walking Club" (AVA) member club - Our walks are open to all.

Please contact us for any information needed or questions answered.

We're very friendly!

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Website and calendar:  
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